

Name : **Dr.Uma Bahuguna**
 Designation : **Professor**
 Department : Sociology and Social Work Department



Office Address : Deptt. of Sociology and Social Work,
 : H.N.B. Garhwal University, Srinagar
 (Garhwal), Uttarakhand

Email : umabahugunaa@gmail.com

Academic Qualifications

B.Sc. (P.C.M)	HNB Garhwal University	1990	First	
B.Ed.	HNB Garhwal University	1992	First / First	
M.A. (Mathematics)	HNB Garhwal University	2001	First	(Ist Position in the University)
M.A. (Sociology)	HNB Garhwal University	2004	First	(IIIrd Position in the University)

Research Degree

D.Phil. Sociology	A Sociological Study of Emerging Patterns of Rural Women Leadership (With special reference to village Panchayat of Tehri Garhwal District)	2007	HNB Garhwal University Srinagar Garhwal (Uttarakhand)
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Career Profile

University	Designation	Duration
HNB Garhwal University Srinagar Garhwal Uttrakhand	Assistant Professor (Sociology)	05 /10/ 2007 to 05 /10/2019
HNB Garhwal University Srinagar Garhwal Uttrakhand	Associate Professor (Sociology)	06 /10/ 2019 to 05 /10/2022
HNB Garhwal University Srinagar Garhwal Uttrakhand	Professor (Sociology)	06 /10/2022 to till date

Research Interests / Specialization : Women Empowerment

<u>Teaching Experience</u>	18 Years	<u>Research Experience</u>	18 Years
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Research Supervision & Ph.d awarded : 04

01	Dr. Vijaynand	2017
02	Dr. Shivani	2021
03	Dr. Dharna Sharma	2024
04	Dr. Vandana Dangwal	2025

Registered Ph.d Students: 01

01	Smti. Astha
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Chapter in Books :

1. महिला उत्पीडन में लैंगिक असमानता का जनसंख्या पर प्रभाव, , Dharna Sharam, Uma Bahuguna, Bhart Mai Jansankhaya Vardhi : Sashya Evam Chunotiya, ISBN No: 978-93-91018-72-6, Year – 2022
2. Understanding Population Explosion, Overcrowding, Rush, Traffic Cogestion and Sexual Haashment Ahainst Women in Public Transport system, Vandana Dangwal, Uma Bahuguna, Page 163-175, Edited Book : Population Growth in India: Problems and Challenges, Year- 2022

Research Publications /Research Papers

1. भंगेला शिल्प'' बन सकता है ग्रामीण आर्थिक समृद्धि का आधार The Journal of The Meerut University History Alumini (MUHA) Vol-VIII, 2006 ISSN 0973-5577 डॉ०-विजय बहुगुणा, उमा बहुगुणा

2. उत्तरांचल मौखिक लोक परम्पराओं में परिलक्षित दलित संस्कृति एक नृ-ऐतिहासिक अध्ययन। ISSN 0973-5577, The Journal of The Meerut University History Alumni (MUHA) Vol-VIII, 2006
डॉ.विजय बहुगुणा, उमा बहुगुणा, चन्द्रमोहन सिंह रावत।
3. उत्तरांचल में महिलाएं :सामाजिक आर्थिक विकास की नीति चुनौतियां एवं सम्भावनाएं। Educational Research Journal Vol-9, 2006, उमा बहुगुणा, सुष्मा थलेडी
4. टिहरी जनपद में पंचायती राज व्यवस्था, महिला ससक्तीकरण एवं सामाजिक परिवर्तन। Educational Research Journal Vol-9, 2006, उमा बहुगुणा
5. Socio-Economic Impact on Sustainable Tourism Development, समाजविज्ञान शोध पत्रिकाएँ Special Issue (Uttarakhand) Uma Bahuguna, Rashmi Dhodi, SarveshUniyal, R.K. Dhodi and Anurag Goyal
6. Social Preferences and basis of Information for the Cellular Services in Uttarakhand ,Page No.357-362 Learning Community: Vol. 3(2) December 2011, (Page 357-362), New Delhi Publishers an International Journal of Education and Social Development Print ISSN No. 0976-3201 , Uma Bahuguna, Atul Bamrara,UGC Journal No. (49180)
7. पर्वतीय राज्य उत्तराखण्ड में महिलाओं की सामाजिक-आर्थिक एवं राजनीतिक ससक्तीकरण की प्रगति (जनपद टिहरी गढ़वाल का विशेष अध्ययन, संदर्भ (वैश्विक शैक्षिक परिप्रेक्ष्य),Volume 2 No 1 June 2012 Page No. 29 to 38 Print ISSN No.2229-645X उमा बहुगुणा
8. An Ethical Approach for Social Progress: Gandhian Perspective the Asian Man (An International Journal) Volume 6, Issue 2-July-December 2012 ISSN: 0974-6366, Uma Bahuguna, Kavita Bhatt, UGC Journal No. (1277)
9. बालश्रम : सामाजिक आर्थिक एवं शैक्षणिक विवेचना RadhakamalMukharjee: Chintan Parampara National Journal July-December 2013 Page 56-59 ISSN 0974-0074 ,उमा बहुगुणा UGC Journal No. (47954)
10. PATRIARCHY LEADING TO DOMESTIC VIOLENCE AND POOR SOCIAL STATUS OF FEMALES IN HILL RURAL AREAS: A STUDY OF DISTRICT PAURI IN UTTARAKHAND *International Journal of Social Science & Interdisciplinary Research* ISSN 2277-3630 IJSSIR, Vol. 4 (4), APRIL (2015) Online available at indianresearchjournals.com DR. PRASHANT KANDARI*; DR. UMA BAHUGUNA**, UGC Journal No. (46510)
11. Start up initiative in India-Bridging the gap between sociology of Women Entrepreneurship and Sustainable Approach for Economic Growth International Journal in Management and Social Science (Impact Factor- 4.358) IJMSS Vol.04 Issue-01, (January, 2016) ISSN: 2321-1784, Page No. 367 to 375, Dr.Uma Bahuguna, UGC Journal No. (48563)
12. Associative Analysis of Socio-Economic and Nutritional Status of Adult females in the Hill Rural Areas of Uttarakhand: A study of Pauri, Tehri and Rudraprayag Districts. Kandari, Prashant & Bahuguna Uma, Indian Journal of Development Research and Social Action, ISSN- 0973-3116, UGCJournal Index No. (45761)
13. Mediocre output from higher education system a problem emerging from school education system: An education system in government school in uttrakhand . Prashant Kandari , Uma Bahuguna, Page No 37 to 45,Education Quest : An International Journal of Education and applied social sciences Vol 6 Issue 1 April 2015 , ISSN -09767258, UGC Journal No -12616
14. SamajikAarthikperivesh kai karanyuvaoimaisantosh ka aksamajsastrisyaadhyan (Garhwal visvidhyaly kai chatroi kai vishash sander mai), Vijaynand, Uma Bahuguna, ShodhDrishti (An International Refereed Research Journal), Vol. 8, No.4, April-June 2017, ISSN :09766650, Page No. 169-178, UGC Approvl No. 49321, Impact Factor: 2.591
15. Empowering women by community participation, Contemporary social work, ISSN No 09751793, UGC approval No 4417 year 5, Issue I, January 2018, Uma Bahuguna Page No. 81 to 88.
16. राजनैतिक अभिरुचि एवं युवा असंतोष (Political Interest and Youth Dissatisfaction), Uma Bahuguna and Vijayanand2, The Asian Man, Vol. 12, Issue 2, July - December 2018 : 278-288, ISSN No. 09746366, UGC Journal No. (1277)
17. Empowering women by community participation, Contemporary social work, ISSN No 09751793, UGC approval No 4417 year 5, Issue I, January 2018, Uma Bahuguna Page No. 81 to 88.
18. राजनैतिक अभिरुचि एवं युवा असंतोष (Political Interest and Youth Dissatisfaction), Uma Bahuguna ,Vijayanand ,The Asian Man, Vol. 12, Issue 2, July - December 2018 : 278-288, ISSN No. 09746366, UGC Journal No. (1277)
19. स्वतन्त्रता, कर्तव्य अधिकार एवं दायित्वों का विश्लेषण (सामाजिक उन्नयन के सम्बन्ध में), Uma Bahuguna, Advalorem , ISSN:2348-5485, Volume :V, Issue :4,October – December 2018, An International Peer Reviewed

Research Refereed Quarterly Journal.

20. युवा पीढ़ी व मादक द्रव्य व्यसन: एक समाजशास्त्रीय अध्ययन, Shivani and Uma Bahuguna, श्रृंखला: एक शोधपरक वैचारिक पत्रिका ISSN No. 2321-290X , Vol-06, Issue -8(Part -2) ,April 2019, Peer Reviewd / Refereed Journal
21. **Association of household income and female labour force participation rate in income generating activities in hill rural areas of Uttarakhand**, Kandari, Prashant & Bahuguna, Uma (2019), Himalayan J. Soc. Sci. & Humanities, Vol. 14, (2019) , Page- 1-9, Peer Reviewed , ISSN-0975-9891 Received: 10.08.2019; Revised: 24.10.2019; Accepted: 3.11.2019 ©Society for Himalayan Action Research and Development
22. Does Access to Finance Eradicate Poverty? A Case Study of Mudra Beneficiaries: Ajay Kumar SALGOTRA , Prashant KANDARI , Uma BAHUGUNA , Journal of Asian Finance, Economics and Business Vol 8 No 1 (2021) 637–646 ,Print ISSN: 2288-4637 / Online ISSN 2288-4645 doi:10.13106/jan feb.2021.vol 8.no1.637 **UGC listed (WoS)**
23. Socio-Economic and Demographic Determinants of Financial Inclusion in Underdeveloped Regions: A Case Study in India* : Prashant KANDARI, Uma BAHUGUNA, Ajay Kumar SALGOTRA / Journal of Asian Finance, Economics and Business Vol 8 No 3 (2021) 1045–1052 , Print ISSN: 2288–4637 / Online ISSN 2288–4645 doi:10.13106/jafeb.2021.vol8.no3.1045, Received: November 30, 2020 Revised: February 01, 2021 Accepted: February 16, 2021 **UGC listed (WoS)**
24. Impact of Financial inclusion on Income Generation and savings in Mountain Regions : A case study of rural household of Uttarakhand: Prasant Kandari, Kusum Dobriyal and Uma Bahuguna , J Mountain Res **2021**, 16(1): 75-86 , Received: 4.12.2020; Revised: 30.12.2020; Accepted: 20.03.2021 ©Society for Himalayan Action Research and Development **UGC listed (WoS)**
25. Socio- Economics based Differentiation in financial literacy and its association with financial inclusion in under developed regions : Prashant Kandari, Uma Bahuguna, Ajay Kumar Salgotra, Indian Journal of Economics & Business, Vol.20, No.1(2021): 147-158, Received: 3rd January 2021, Revised: 23rd February ,2021, Accepted: 18th March- 2021, JEL classification: G50, G51, G52, G53, R19, R29, **UGC listed (WoS)**
26. भारत की आत्मनिर्भरता में नारीवादी सिनेमा की भूमिका का समाजशास्त्रीय अध्ययन, Dr. Asha Bala, Dr Uma Bahuguna, Dristikon, India's leading Refereed Hindi language **Journal , Year 2022, Page No:88-90**
27. A Sociological Study of Smoking Habits and Their harmful Effects on Health in University Level Students: Dr Shivani and Dr Uma Bahuguna, Research Reinforcement (A Peer reviewed International Refereed Journal), ISSN 23248-3857, Volume 10, Issue 1 may 2022- October 2022
28. A Sociological Study of Drug Awareness Among Students of HNB Garhwal University: Dr Uma Bahuguna and Dr Shivani, Shodh Shree (A Peer reviewed International Refereed Journal), ISSN 2277-5587, Page No. 130-135 Volume -44 Issue -3, July- September 2022
29. महिला: अतीत से वर्तमान की ओर, Dharna Sharma and Dr. Uma Bahuguna , शोध दृष्टि (An International Peer Reviewed Refereed Research Journal), ISSN : 0976-6650 , Vol. 13, No. 6, June, 2022, UGC Approved Journal No. 49321.
30. Understanding of Sexual Harassment: A latent Barrier to Institutional Redressal Mechanism: Vandana Dangwal and Uma Bahuguna, Education and Society, UGC Care Listed Periodical ISSN: 2278-6864, Vol:46, Issue:04, No.:06, October-December : 2022
31. Young Girls recalling instances of Sexual Harassment Victimization - A Quantitative Study of sexual Harassment Exposure in Public Transport , Vandana Dangwal and Uma Bahuguna, Rabindra Bharti Journ of Philosophy, ISSN : 0973-0087, Vol. : XXIII, No:23, **2022**, Page No-179-187, (A Peer reviewed Refereed Journal)
32. Advancement in Studies on Effect of Sexual Harassment : A Bibliometric Analysis , Vandana Dangwal, Dr. Uma Bahuguna, Recent Educational & Psychological researches, ISSN 2278-5949, Vol.13 , Issue 01 , Jan-Feb-Mar. 2024, International Refreed & Blind Peer- Reviewed Research Journal.
33. Transit Sexual Harassment: A Scuffle for Women Commuters : Vandana Dangwal, Dr. Uma Bahuguna , Indian Journal of Social Studies and Humanities, Vo. 1 (18)/ April-June 2024, ISSN NO. 2277-7458, Accepted UGC Norms of Standard Journal Notification 2025.
34. Prevalence of Sexual Harassment: A Cross-Sectional Study in Uttarakhand, Vandana Dangwal. Dr. Uma Bahuguna, Mind and Society, Vol. 13, No.1, March 2024, 30 -40, ISSN:2277-6907, 30 ISSN:2277-6907, RNI NO.CHHIN/2012/46660, <https://doi.org/10.56011/mind-mri-131-20244>

Conference Presentations

1. Ecotourism planning and promotion in Garhwal Region (Oral Presentation)Center for Mountain Tourism & Hospitality Studies HNB Garhwal University
2. Child Nutrition Level in Uttarakhand and our participation to resolve the issue of Malnutrition (Oral presentation)Sri Bhuvneshwari Mahila Ashram Anjanisan Uttarakhand
3. How to increase Women involvement in Governance (Oral Presentation)Sri Bhuvneshwari Mahila Ashram Anjanisan Uttarakhand
4. Empowering women: Role of media, Heralal Yadav Degree college,Lucknow,U,P (India)
5. Problems of Working Women in Uttarakhand Department of Political Science, BSM PG Collage Roorkee Haridwar14-15 October 2011
6. Disaster management with special reference to Garhwal Himalayan Region Department of Geography HNB GU Srinagar Garhwal02 -04November 2011
7. "A Challenge of Cyber Crime in India: The Role of Government" FRI and IAMS Dehradun(04-05, November- 2011)
8. Women leadership in Uttarakhand (Specially Rural Women leadership of Uttarakhand)Shri Bhuvneshwari Mahila Ashram with collaboration of Parwatiya Vikash sodh Kendra and Sociology Department HNB Garhwal University Srinagar Garhwal 20th may 2012
9. Child Exploitation, Department of Sociology D.A.V. PG College Dehradun 28/29 July 2012
10. Social Safety of old persons in Present Time in Uttarakhand Parwatiya Vikash Shodh Kendra and Department of sociology & Social Work HNB Garhwal University 01 October 2012
11. Food security in Uttarakhand, Department of Economics BSM College Roorkee Uttarakhand 08/09/ October 2012
12. Rural Women, Domestic Violence and Role of Police: A Strong case for Change in Strategy and approach, Department of Political Science BSM PG College Roorkee 06/07/ November 2012
13. Vyavsayik Vikas Ka Mahila Ke Jagrukta Avum Sashaktikaran Par Prabhav the Learning Community, India Subhash Chandra Bose Institute of Higher Education, Prabandha Nagar, IIM Road Lucknow 17/18 November 2012
14. Impact of Globalization on Human Rights: An Assessment Study in Context of Indian Society SMJN (PG) College Haridwar27/28/ January 2013
15. "Study of Sociological Problems in the Effective Implementation of MNREGA in Rural Areas of Uttarakhand" National Seminar Rural Development though MNREGA: New Challenges and Solutions, Organized By: B.S.M.P.G. College Roorkee Haridwar
16. "Relationship between Moral Values & Peace" International Seminar on Non- Violence and Peace Education September 7-8-2013, Organized by Shirdher University, Pilani Rajshthan, India
17. "Mahilaoi Ka Vikas ak Samikhccha" topicof the conference "Threats to Human Right: The Intervention Strategies by Global Society ",Harprasad Institute of Behavioral Studies Agra **21-22 September 2014**
18. "Durasth Sikhccha ka Parvatiya Jilloi mai prabhav", Topic of the conference "Uttarakhand mai Uccshikccha :Vartman- Bhavishya avam Durasth Shikccha" , Uttarakhand Open University,**04/05/ November 2014** dehradun.
19. Existence of traditional dogmas and exploitation of women within family's Domestic periphery in hill rural areas of uttrakhand : A Socio – economic study of Pauri Garhwal District, Topic of the Seminar "Violence against women : Current challenges and future trends", Department of Political Science BSM College Roorkee , 19/20 December 2014
20. Balika ke mulya vikas mai mahilao ki bhumika, Topic of the conference "Value education for human development", Sri Gandhi Maha vidhyalya sidhaulti Sitapur U.P.02/03 april 2015
21. Skill enhancement for the modern world, Topic of the conference "Skill to Excel in higher education", Department of education Lucknow University U.P,20 September 2015
22. Uttarakhand rajya sthapna kai paschyatho kai vikas ki samikccha, topic of the conference "Uttarakhand ka satat vikash ki avdharna", HNBGU Srinagar Garhwal,21/22 march 2016
23. Analysis of Socio-cultural factors inhibiting women Role as entrepreneurs in the rural Areas, topic of the Conference, "Role of women entrepreneurship in India: Opportunities and challenges", Department of Economics CCS University Meerut U.P,26/27 March 2016
24. Women Empowerment through Agriculture Development : A Sustainable Approach towards Development , Uma Bahuguna, National seminar on Agriculture Transformation and Rural

Development in India : Issues , Challenges and Possibilities , Department of Economics, Hemvati Nandan Bahuguna Garhwal University Srinagar Garhwal Uttarakhand.October 12,13,2019

25. National Seminar on Biotechnology and Covid-19 Pandemic : Role of Biotechnology in Covid vaccine Development, Department of Zoology and Microbiology , Chaman Lal Mahavidhyalya Landaura Roorkee, Haridwar Uttarakhand. 4th December 2021
26. Workshop on Intellectual Property Rights (IPR), IQAC HNB Garhwal University Srinagar Garhwal Uttarakhand, 30th September 2022.
27. National seminar on Badalttai perivash mai lalit kalao ki bhumika: Aajadi kai Amirit mahautsav kai sandarv mai, 6,7 May 2022, Department of Drawing & painting Harsh Vidhya mandir (P.G.) College, Raisi Haridwar
28. National Seminar on Increasing population in India : Problems & Challenges –A Discussion, 9-10 September 2022, Department of Economics & Department of Political Science Chaman Lal Mahavidhyalya Landaura Roorkee, Haridwar Uttarakhand.

UGC- Sponsored Refresher Course /Orientation Course

1. Orientation Programme 18 May2009 to 13 June 2009Academic Staff College Kumoun University Nainital
2. UGC- Sponsored refresher Course in Research Methodology ,Three weeks (22June2011 to 12July 2011), Academic Staff collage Kurukshtra University Kurukshatra Haryana
3. UGC- Sponsored refresher Course in Research Methodology ,Three weeks (16 November 2015 to 05 December 2015), Academic Staff collage Jai Narayan Vyas University, Jodhpur.

Edited Books

1. **EDUCATION IN SOCIETY:** Various Innovative Approaches : ISBN :978-93-81274-28-6 Uma Bahuguna, Mitima Sachdeva, Sarita Chaudhary -2013 New Delhi Publishers, New Delhi -2013
2. **EDUCATION:** Psycho- Social Aspects ISBN :978-93-81274-09-5 Sueshna Lahiri, Lalima, Uma Bahuguna-2013New Delhi Publishers, New Delhi -2013

Books

1. भारतीय समाज: मुद्दे और समस्याएँ (**Indian Society: Issues and Problems**)
ISBN: 978-93-80135-39-7, (Year-2015), Uma Bahuguna, Rajneesh Kumar Yadav, Uma Mishra, Vadanta Publication B-4, Balaji House, Payagpur Birbal Sahani Marg, Lucknow-226007

ADMINISTRATIVE RESPONSIBILITIES

- (1) **Assistant Proctor:** 2010-2011, 2011-2012, 2012-2013, 2014-15, 2015-16, 2016-17 ,2017-18
- (2) **Member of Board of Studies:** 2012-2013, 2013-2014, 2014-15, 2015-16
2016-17, 2017-18, 2018-2019, 2019-2020, 2020-2021, 2021-2022

MEMBERSHIP OF ACADEMIC BODIES

- (i) Life Member of Indian Sociological Society Delhi
- (ii) Life member of Radha Kamal Mukherji: Chintan Parampra Samajik Vigyanoi ki Sodh Patrika
- (iii) Life member of Asian Institute of Human Science and Development, Lucknow