

**DEPARTMENT OF PSYCHOLOGY
WITH
MENTAL HEALTH AND WELLBEING CELL**

**HEMVATI NANDAN BAHUGUNA GARHWAL UNIVERSITY
(A CENTRAL UNIVERSITY)
SRINAGAR GARHWAL UTTARAKHAND**



**Organizing 4 Days Workshop
(7th to 10th Oct, 2025)**

**On the occasion of
“WORLD MENTAL HEALTH DAY”**

Inaugural Session: 7th Oct, 2025 Time: 11:00 AM



PATRON

CHIEF GUEST

CONVENER



Prof. Shri Prakash Singh
Hon'ble Vice Chancellor



Prof. O.P. Gusain
Dean Students' Welfare



**Prof. Manju Khanduri
Pandey**
HOD Psychology
Coordinator MHWC

SPECIAL GUEST

#Theme:

**"Access to Services
– Mental Health in
Catastrophes and
Emergencies"**

CO-CONVENER



Prof. R.S. Negi
Director Chauras Campus
Nodal Officer MHWC



Mrs. Tsering D Khampa
Assistant Prof. Department
of Psychology