





**MINUTES OF THE MEETING OF BOARD OF STUDIES IN
PHYSICAL EDUCATION ON 29th January 2019**

Minutes of the proceedings:

A meeting of the Board of Studies in Physical Education was held in the Department of Physical Education at 11:00 A.M on 29th January 2019.

The following members were present-

1. Prof. J.K. Godiyal, Dean, School of Education, H.N.B.G.U. Srinagar Garhwal. 
- 2- Prof. A.K. Datta , EN.I.P.E. Gwalior. Madhya Pradesh. 
3. Prof. Arun Bahuguna, Dept. of Adult Continuing Edu. & Extension, H.N.B.G.U. Srinagar Garhwal. 
4. Prof. P.K. Joshi, Dept. of Education, H.N.B.G.U. Srinagar Garhwal. 
5. Dr. Hiralal Yadav, Incharge, Dept. of Physical Education, H.N.B.G.U. Srinagar Garhwal.
6. Dr. Mukul Pant, Asst. Professor. Dept. of Physical Education, H.N.B.G.U. Srinagar Garhwal.

Minutes of the proceedings of the B.O.S. meeting are as under:-

Agenda No:-1 Revision of Ordinances and Syllabus for B.P.Ed. course.

Resolution:- The B.O.S. committee recommends the changes in the Ordinances and syllabus B.P.Ed Course. The committee authorized the convener to submit the same for kind approval Hon'ble Vice Chancellor.



हेमवती नन्दन बहुगुणा गढ़वाल विश्वविद्यालय श्रीनगर गढ़वाल (उत्तराखण्ड) - 2
(केन्द्रीय विश्वविद्यालय)
HEMVATI NANDAN BAHUGUNA GARHWAL UNIVERSITY, SRINAGAR GARHWAL (Uttarakhand)
(A Central University)

Website : www.hnbgu.ac.in

दूरभाष/Telephone- 01346 - 252247

पत्रांक/Ref. No. *Dept of Phys Edu / BOS/2020*

Fax - 01346-252174, 252247

दिनांक/ Date *05/03/2020*

MINUTES OF THE BOARD OF STUDIES MEETING IN PHYSICAL EDUCATION

Minutes of the proceedings:

A meeting of the Board of Studies in Physical Education was held in the Department of Physical Education at 11:00 A.M on 5th March 2020 and the following members were present:

- 1) Prof. S.S. Rawat, Dean, School of Education, H.N.B.G.U., Srinagar, Garhwal.
- 2) Prof. Arun Bahuguna, Department of Adult & Extension Education, H.N.B.G.U., Srinagar, Garhwal.
- 3) Prof. Seema Dhawan, Dept. of Education, H.N.B.G.U. Srinagar, Garhwal.
- 4) Prof. Nishan Singh Deol, Department of Physical Education, Punjab University, Patiala.
- 5) Dr. Mukul Pant, Senior Faculty, Dept. of Physical Education, H.N.B.G.U. Srinagar, Garhwal.
- 6) Dr. Hiralal Yadav, H.O.D., Dept. of Physical Education, H.N.B.G.U. Srinagar, Garhwal.

Minutes of the proceedings of the B.O.S. meeting are as under:-

✓ **Agenda No:-1** Proposal of Experts for Plagiarism Committee of Physical Education Department.

Resolution- With reference to the letter no. academic/2020/57 dated 12/02/2020 and to the letter no. D.O.No. F.1-18/2010(CPP-II) dated 08.08.2018, again with reference to the letter no. academic/2020/93 dated 22.02.2020, the following names of two academicians will be presented to the members of BOS for the constitution of Departmental Plagiarism Committee.

Paper, code	Title of the paper	Credit (Marks)		
		Theory (External+ Sessional)	Practical	T
SOE/PE/C 901	Research Methods and Statistical Application in Research	3 (60+20)	1 (20)	4 (80)
SOE/PE/C 902	Research & Publication Ethics	2 (60+20)	1(20)	3 (80)
SOE/PE/E 903	Sports Psychology	3 (60+20)	1 (20)	4 (80)
SOE/PE/E 904	Exercise Physiology	3 (60+20)	1 (20)	4 (80)
SOE/PE/E 905	Sports Biomechanics	3 (60+20)	1 (20)	4 (80)
SOE/PE/E 906	Evaluation Techniques in Physical Education.	3 (60+20)	1 (20)	4 (80)
SOE/PE/E 907	Sport Management	3 (60+20)	1(20)	4 (80)
(SOE/PE/E 908)	Computer Application	3 (60+20)	1(20)	4 (80)

Note: Two core courses are compulsory and out of six electives courses, students can select a two depending upon the availability of faculty.

Agenda No:-4 Approval of Revised course syllabus of Pre Ph.D. course work in Physical Education.

Resolution:- The BOS committee deliberated in detail about the revision made in the existing course syllabus for pre Ph. D. course work and recommended that the convener of the meeting may submit it for the approval of Hon'ble Vice- Chancellor. (Annexure-II)

Agenda No:-5 Approval of Department's Journal Club for Physical Education Department.

Resolution:- In accordance with the recommendation of IQAC, the structure of Department's Journal Club Board was presented for the discussion of BOS committee. The Structure may be as follows:-

S.No.	Name of the Members of Journal Club Board	Designation
1	HOD. Department of Physical Education	Director of JCB



हेमवती नन्दन बहुगुणा गढ़वाल विश्वविद्यालय श्रीनगर गढ़वाल (उत्तराखण्ड)- 246174
(केन्द्रीय विश्वविद्यालय)

HEMWATI NANDAN BAHUGUNA GARHWAL UNIVERSITY, SRINAGAR GARHWAL (Uttarakhand)
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पत्रांक / Ref. No. Dept. of Ph.D. 10/2017

दिनांक / Date...11.10.2017

AGENDA OF THE B.O.S. MEETING

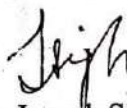
Dear,

All members of B.O.S. committee, as per the letter no. Academics/2017/1246, dated 04th Oct. 2017 by University administration, the department of Physical Education has Scheduled its B.O.S. meeting on 11th Oct. 2017 at 11:00am in the Department. Following agenda have been enlisted for this meeting:-

- 1.) Selection of candidates for Ph.D. Programme in Physical Education.
- 2.) Allotment of Supervisors for selected Ph.D. candidates in Physical Education.

I hope we will discuss all the above agendas in detail and approve them as per the requirement of this meeting.

Thanks.


(Dr. Joseph Singh)
Incharge

Dept. of Physical Education

DEPARTMENT OF NATUROPATHY AND YOGA, CHOURAS CAMPUS,

H.N.B. GARHWAL UNIVERSITY, SRINAGAR GARHWAL,

UTTARAKHAND

**AGENDA AND MINUTES OF THE MEETING OF BOARD OF STUDIES
IN YOGA**

26th February 2020

Members of the BOS Meeting:

1. Prof. S.S. Rawat, Dean, School of Education H.N.B.G. University.
2. Prof. Ishwar Bhardwaj (External Expert), Dept. of Yoga, Gurukul Kangadi University, Haridwar
3. Prof. Suresh Lal Barnwal (External Expert) Dept. of Yoga, Dev Sanskriti University, Haridwar.
4. Prof. Arun Bahuguna, (Internal Member) Dept of Adult Education, H.N.B.G. University.
5. Prof. Indoo Pandey Khanduri (Internal Member) Dept. of Philosophy, H.N.B.G. University.
6. Dr. Chintaharan Betal, Head, Dept. of Naturopathy and Yoga, H.N.B.G. University
7. Dr. G.S. Thakur, Senior Faculty, Dept. of Naturopathy and Yoga, H.N.B.G. University.

A meeting of the Board of Studies in Yoga is scheduled to be held at 10:30 a.m. on 26th February 2020 as per the reference no. HNBGU/RO/2020/628 dated 04/02/2020, in the Department of Naturopathy and Yoga, Chauras Campus of H.N.B.G. University, Srinagar, Garhwal (U.K.). The following points have been decided to be discussed in the meeting with kind permission of all the honourable members of the meeting-

Agenda and Minutes of Meeting

Agenda 01: With reference to the letter no HNBGU/RO/2020/628 dated 04/02/2020; Department of Naturopathy and Yoga has decided to select Ph.D. research scholars in accordance with the rules laid down by the university through BOS. Interview/Presentation of the candidates will be done in front of BOS members to select the candidates.

Resolution 01: The candidates were interviewed by the members of BOS and depending upon their all other eligibility, the following candidates have been unanimously selected as Ph.D.

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26/02/2020

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26/02/2020

research scholars under the supervision of Dr. Ghanshyam Singh Thakur and Dr. Chintaharan Betal. The selected candidates are as follows:

Sr.No.	Name of Candidate	Category	Name of Supervisor
1	1.Laxshmikant Nagar (Additional JRF Seat)	OBC	Dr. Chintaharan Betal
2	1. Amit Kashyap 2.Jairam Kushwaha	GENERAL OBC	Dr. Ghanshyam Singh Thakur

Waiting list

Sr.No.	Name of Candidate	Category	Name of Supervisor
1	1.Krishna Dagadi (Additional JRF Seat)	OBC	Dr. Chintaharan Betal
2	1. Vatsala Thapliyal 2.Kuldeep Singh	GENERAL OBC	Dr. Ghanshyam Singh Thakur

Agenda 02: With reference to the letter no academic/2020/49 dated 11/02/2020 and the letter no D.O.No.F.1-1/2018 (Journal/CARE) December 2019 the “**Research and Publication Ethics (RPE)**” must be added to the Pre Ph.D. course from coming session. In this connection, in accordance with the recommendation of office order no academic/2020/72 dated 14/02/2020 and thereafter the recommendation of Deans of school meeting held on 24/02/2020 the pre Ph.D. course to be restructured accordingly, core paper will be of 07 credits and electives subjects will be of 08 credits. In this regards, the Department of Naturopathy and Yoga has prepared the following structure for core and elective subjects for Pre Ph.D. course work. This agenda will be submitted for consideration of Hon’ble members of BOS.

CORE COURSE

Sub Code	Title of the Paper	Credit	Maximum Marks
SOE-YO-101 C	Research Methodology	04	100
SOE-YO-102 C	A. Research and Publication Ethics (RPE)	02	70
	B. Practical Training in Yogic Science	01	30

Handwritten signatures and dates:
 26/02/2020
 Alhandaru 26/2/2020
 G. Singh 26/2/2020
 26/2/2020
 Betal 26/2

ELECTIVE COURSE (Any Two of the Following)


Sub Code	Title of the Paper	Credit	Maximum Marks
SOE-YO-103 E	Yoga Therapy	04	100
SOE-YO-104 E	Philosophical Foundations of Yoga	04	100
SOE-YO-105 E	Yoga Psychology	04	100
SOE-YO-106 E	Alternative Therapies	04	100

Resolution 02: The restructured syllabus with RPE was presented to the Hon'ble members of BOS for their discussion and consideration. After thoroughly discussion, the members of BOS passed the restructure course along with the content of RPE and it will be implemented from the forth coming session i.e.2019-20 in accordance with the rules of University.

Agenda 03: With reference to the letter no academic/2020/57 dated 12/02/2020 and the letter no D.O.No.F.1-18/2010 (CPP-II) dated 08/08/2018, again with the reference to the letter no academic/2020/93 dated 22/02/2020, the following name of two academicians will be presented to the members of BOS for constitution of **Departmental Plagiarism Committee** for their consideration and approval.

- A. Chairperson, HOD, Department of Yoga
- B. One member to be nominated by Hon'ble V.C. (Proposed Name)
 - 1. Prof. S.K.Gupta, Department of Tourism, HNBGU
 - 2. Prof. O.K.Belwal, Department of Statistics, HNBGU
- C. Mr.Pawan Singh Bist, Central Library, HNBGU

Resolution 03: The agenda was submitted to the Hon'ble members of BOS for discussion. After discussion, constitution of Departmental Plagiarism Committee was passed and approved by the members of BOS.


26/02/2020


26/2/2020


26/2/20


26/2/20

26/02/2020

Agenda 04: Half yearly progress report of two Ph.D. research scholars 1. Miss Garima Jaiswal and 2. Mr. Vineet Posti will be presented to the members of BOS for their consideration and approval.

Resolution 04: The agenda was submitted to the members of BOS for their consideration. After thorough discussions, the members of BOS approved and passed the Half Yearly Ph.D. progress report of 1. Miss Garima Jaiswal and 2. Mr. Vineet Posti.

Agenda 05: In accordance with the recommendation of IQAC, HNBGU, the agenda for formulation of Journal club will be presented to the hon'ble members of BOS. The members of Journal club board (JCB) will be as follows:

Sr. No.	Name of members of JCB	Designation
1	HOD, Deptt. of Naturopathy and Yoga	Director of JCB
2	All existing Supervisors (Total No. 02)	Member of JCB

Resolution 05: After through discussion by the members of BOS, they approved and passed the agenda no 05.

Presented Members of the BOS Meeting:

1. Prof. S.S. Rawat, Dean, School of Education H.N.B.G. University. *SNA 26/2/20*
2. Prof. Suresh Lal Barnwal (External Expert) Dept. of Yoga, Dev Sanskriti University, Haridwar. *Bun 26/2/2020*
3. Prof. Indoo Pandey Khanduri (Internal Member) Dept. of Philosophy, H.N.B.G. University. *Alkhanduri 26/2/2020*
4. Dr. Chintaharan Betal, Head, Dept. of Naturopathy and Yoga, H.N.B.G. University *Betal*
5. Dr. G.S.Thakur, Senior Faculty, Dept. of Naturopathy and Yoga, H.N.B.G. University. *Gingh 26/2/20*

*Forwarded to
D.R. (Academic)*

Betal 28/2/20
Head
Dept. of Naturopathy & Yoga
H.N.B.G.U., Srinagar Garhwal
Uttarakhand


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D.S.O

पाठ्यक्रम समिति बैठक विभाग की बैठक दिनांक -
26.2.2020 में लिखे गये निर्णयों में सभी मंजूर
हैं।

डा. चानरीया तुलपति जी के अनुमोदनार्थ
प्रचित


14/6/20


16/6/20
Dr. Chanariya Tulpati

DR. A.

Agenda items no. 2 & 3 needs approval of
School Board.

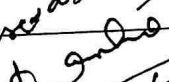
Minutes of BOS are submitted for kind
consideration and approval please.


16/6/20

Registrar

Hon'ble VC

Approved as
responsible 'A'


26.6.2020

22.6.2020

सचिव कार्यालय
सं 1668
दि 18/6/2020
विभागाध्यक्ष श्रीमती (सचिव)

पति र. विद्यालय
दि 18/6/2020
पति र. विद्यालय

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MINUTES OF THE MEETING OF BOARD OF STUDIES IN YOGA 03rd FEBRUARY 2018

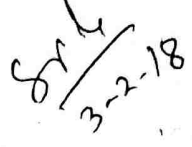

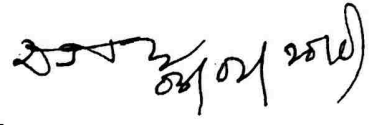


A meeting of the Board of Studies in Yoga was held in Birla Campus at 11:00A.M. on 03rd February 2018 and the following members were present-

1. Prof. Shashi Kiran Pandey, Dean, faculty of Education H.N.B.G. University. *SKP 3/2/18*
2. Dr. Indoo Pandey Khanduri (Internal Expert) Dept. of Philosophy, H.N.B.G. University. *Indoo 3/2/18*
3. Dr. R.P.S. Negi, Dept (Internal Expert) of History & Archaeology, H.N.B.G. University. *RPN 3/2/18*
4. Dr. G.S.Thakur, In charge, Dept. of Yoga, H.N.B.G. University. *G.S. 3/2/18*
5. Dr. Chintaharan Betal (senior faculty) Dept. of Yoga, H.N.B.G. University. *Betal 3/2/18*

Minutes of the proceedings:

1. In revised syllabus of B.Sc. in Yogic Science the papers of 50 marks have been changed into 100 marks in all the six semesters of the course in order to bring uniformity with the CBCS Examination system of the University. The paper codes those subjected to change are BSY-AECCT104, BSY-GET105, BSY-CP107, BSY-CP108, BSY-AEECT204, BSY-GET205, BSY-CP207, BSY-CP208, BSY-AECCT304, BSY-GET305, BSY-CP307, BSY-FW308, BSY-AECCT 404, BSY-GET405, BSY-CP407, BSY-CP408, BSY-DSET504, BSY-DSET505, BSY-CP507, BSY-FW508, BSY-DSET604, BSY-DSET605, BSY-CP607, BSY-CP608. This issue presented to the members of BOS and after their discussion they accepted and approved.
2. In revised syllabus of B.Sc. in Yogic Science the syllabus of Communicative English paper (AECCT104) and Environmental Studies (AECCT204) have been change and in place of them common syllabus of the University adopted in order to make uniformity in examination system. This matter was presented to the honourable members of BOS meeting and after their discussion it is accepted and approved.
3. In revised syllabus of B.Sc. in Yogic Science the syllabus of Basics of Sanskritam paper (AECC-3) and Sanskrit (AECC-4) have been modify slightly in IV Unit. This matter was presented to the honourable members of BOS meeting and after their discussion it is accepted and approved.
4. BOS members approved a panel of 10 External experts for the selection committee with the consent of faculty members.

The meeting was concluded with a vote of thanks given by convenor.

Name	Signature
1. Prof. Shashi Kiran Pandey, Dean, Faculty of Education H.N.B.G. University.	 3-2-18
2. Dr. Indoo Pandey Khanduri, (Internal Member.) Dept. of Philosophy, H.N.B.G. University.	 3/2/18
3. Dr. R.P.S. Negi, (Internal Member) Dept. of History & Archaeology, H.N.B.G. University.	 3/2/18
4. Dr. G.S. Thakur, In charge, Dept. of Yoga, H.N.B.G. University.	
5. Dr. Chintaharan Betal, (Senior Faculty) Dept. of Yoga, H.N.B.G. University.	 3/2/18

**DEPARTMENT OF YOGA, CHOURAS CAMPUS,
H.N.B.G.UNIVERSITY, SRINAGAR GARHWAL,
UTTARAKHAND**

MINUTES OF THE MEETING OF BOARD OF STUDIES IN YOGA

5TH OCTOBER 2017

A meeting of the Board of Studies in Yoga was held in the Department of Yoga at 09:00A.M. on 05th October 2017 and the following members were present-

1. Prof. Shashi kiran Pandey , Dean, faculty of Education H.N.B.G. University.
2. Prof. Iswar Bhardwaj, Dept. of Yoga, Gurukul Kangadi University.
3. Dr. Indu Pandey Khanduri, Dept. of Philosophy, H.N.B.G. University.
4. Dr. R.P.S. Negi, Dept. of History & Archaeology, H.N.B.G. University.
5. Dr. G.S.Thakur, In charge, Dept. of Yoga, H.N.B.G. University.
6. Dr. Chintaharan Betal, Dept. of Yoga, H.N.B.G. University.

Minutes of the proceedings:

1. The candidates seeking admission to pre-Ph.D. course were interviewed by the members of BOS. Depending upon their performance in interview/ presentation along with all other eligibility, the following candidates have been unanimously selected as Ph.D. research scholars under the supervision of Dr. Ghanshyam Singh Thakur and Dr. Chintaharan Betal. The selected candidates are allocated as below:

Sr.No.	Name of Candidate	Category	Name of Supervisor
1	Garima Jaiswal	OBC	Dr. Ghanshyam Singh Thakur
2	Vineet Posti	General	Dr. Chintaharan Betal
Name of Waiting Candidates			
1	Monika Bhainsora	General	
2	Kirti Maurya	OBC	

2. After thoroughly discussion over point no.2, all the members of BOS agreed about the qualification, experience and allocation of post for the appointment of Adjunct faculty in the department of Yoga(Chauras Campus), HNBSGU is as follows:

Shashi kiran Pandey
7/10/17

Ishwar Bhardwaj
5/10/17

Betal
5/10/17

G.S. Thakur
5/10/17

Chintaharan Betal
5/10/17

Sr. No.	Post	Essential Qualifications	Desirable Qualifications	No of Post
1	Yoga Teacher	M.A./M.Sc. in Yoga or M.A./M.Sc from any discipline with Diploma in Yoga from any recognized University/Institution	One Year Experience in Yoga Teaching	02
2	Yoga Instructor	M.A./M.Sc. in Yoga or M.A./M.Sc from any discipline with Diploma in Yoga from any recognized University/Institution	One Year Experience in Yoga Teaching	02
3	Yoga Therapist	M.A./M.Sc. in Yoga or M.A./M.Sc from any discipline with Diploma in Yoga from any recognized University/Institution	One years Experience in Yoga Therapy	01

*Roster will be followed in appointment as per UGC/University rules.

- The point no. 3 of agenda was thoroughly discussed by the members of BOS. The inter-change of the paper between Core-Paper "Dissertation" and Elective Paper "Spirituality and Science" along-with their inter-change of code was permitted and approved. This change will be effected from session 2017-18.
- Regarding agenda point no. 4, a removal of Elective Paper "Yoga-Ethics" from the syllabus of MA in Yogic Science IV semester was accepted and in place of it; newly prepared "Essay" paper has been accepted and approved by the members with same subject code. This change will be effected from session 2017-18.
- Regarding conversion of credits of mentioned practical papers from 03 to 06 in case of MA in Yogic Science and from 04 to 06 in case of PG Diploma in Yogic Science under the point no. 5 of agenda was discussed by the members and finally approved. This change will be effected from session 2017-18.

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11/11/17



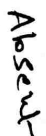



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6. Regarding inclusion of the topics : "Satkarma" and "Pratyahara" and removal of the topic "Dharana" and "Bandh" under the heading of Saptang Yoga of II Paper i.e. Fundamental Texts of Yoga - I of MA in Yogic Science Ist Semester's syllabus was discussed and approved. This change will be effected from session 2017-18.
7. List of the name of paper setters was presented and after discussion it was approved by the members.
8. Point no. 8 of agenda was discussed by the members and unanimously accepted.
9. Point no. 9 of the agenda was discussed by the members and after their discussion, they give their decision that Guest faculty is not eligible for setting question paper and evaluation of answer sheet.

The meeting was concluded with a vote of thanks given by convenor.

Name	Signature
1. Prof. Shashi Kiran Pandey, Dean, Faculty of Education H.N.B.G. University.	 Dean School of Education H.N.B. Central University Srnagar Garhwal (Uttarakhand)
2. Prof. Iswar Bhardwaj, Dept. of Yoga, Gurukul Kangadi University.	 Iswar Bhardwaj 21/10/17
3. Dr. Indu Pandy Khanduri, Dept. of Philosophy, H.N.B.G. University.	 Absent
4. Dr. R.P.S. Negi, Dept. of History & Archaeology, H.N.B.G. University.	 R.P.S. Negi 21/10/17
5. Dr. G.S.Thakur, In charge, Dept. of Yoga, H.N.B.G. University.	 G.S.Thakur 21/10/17
6. Dr. Chintaharan Betal, Dept. of Yoga, H.N.B.G. University.	 Betal 21/10/17

Handwritten notes:
Dr. G.S.Thakur
21/10/17
Dr. Chintaharan Betal
21/10/17

**DEPARTMENT OF YOGA, CHOURAS CAMPUS,
H.N.B.G. UNIVERSITY, SRINAGAR GARHWAL,**

UTTARAKHAND

AGENDA OF THE MEETING OF BOARD OF STUDIES IN YOGA

5TH OCTOBER 2017

Members of the BOS Meeting:

1. Prof. Shashi Kiran Pandey, Dean, School of Education H.N.B.G. University. *Shashi Kiran Pandey*
28/10/17
2. Prof. Iswar Bhardwaj, (External Member) Dept. of Yoga, Gurukul Kangadi University. *Ishwar Bhardwaj*
28/10/17
3. Prof. Usha Lohan, (External Member), Dept. of Yoga & Physical Education, Kurukshetra University, Haryana.
4. Dr. Indu Pandey Khanduri, (Internal Member) Dept. of Philosophy, H.N.B.G. University. *Indu Pandey*
28/10/17
5. Dr. R.P.S. Negi, (Internal Member) Dept. of History & Archaeology, H.N.B.G. University. *R.P.S. Negi*
28/10/17
6. Dr. G.S. Thakur, (H.O.D. In charge), Dept. of Yoga, H.N.B.G. University. *G.S. Thakur*
28/10/17
7. Dr. Chintaharan Betal, (Senior Faculty) Dept. of Yoga, H.N.B.G. University. *Chintaharan Betal*
28/10/17

A meeting of the Board of Studies in Yoga is scheduled to be held at 09:00a.m. On 05th October 2017 as per the Office Order Letter No: Education/ 2017/1207 dated 22/9/2017, in the Department of Yoga, H.N.B.G. University, Srinagar, Garhwal (U.K.). The following points have been decided to be discussed in the meeting with kind permission of all the honourable members of the meeting-

Agenda of Meeting

1. In accordance with the letter no/HNBSGU/2017/27 dated 12/09/2017, Department of Yoga has decided to select Ph.D. research scholars through its BOS in accordance with the guidance and rules laid down by the university.
2. In accordance with the U.G.C letter No. F.No.6-4/2016 (CU) dated 28/02/2017; U.G.C. has offered post of 05 adjunct faculties for revamping the Yoga Department. In this connection, the qualifications, experience and allocation of post will be determined and finalised through a discussion by the honourable members of the meeting.

Ishwar Bhardwaj
Shashi Kiran Pandey
Indu Pandey
R.P.S. Negi
G.S. Thakur
Chintaharan Betal

3. It has been viewed that most of the students of M.A. in Yogic Science course face difficulties in preparing their Dissertation paper (SOE/YOG/C402). Hence, the department has decided to replace the core paper 'Dissertation' in place of Elective paper "Spirituality and Science". Similarly, the elective paper 'Spirituality and Science' (SOE/YOG/E405) will be placed in place of Core Paper 'Dissertation'. This interchange will also follow the change of subject codes i.e. the subject code of "Spirituality and Science" will be (SOE/YOG/C402) and subject code of "Dissertation" will be (SOE/YOG/E405). This change will be effected from session 2017-18. This issue will be presented to the members for their discussion and their kind approval.
4. The paper "Yoga Ethics" (SOE/YOG/E406) will be obliterated from the syllabus of M.A. in Yogic Science IV Semester on account of inclusion of the "Essay" paper as an alternative of the 'Dissertation' paper in place of "Yoga Ethics". Hence, the Essay Paper will be re-coded by SOE/YOG/E406. This change will be effected from session 2017-18. This issue will be presented to the members for their discussion and their kind approval.
5. All the practical papers of current M.A. & P.G. Diploma courses are of 03 & 04 credits respectively but the department of Yoga has decided to add 03 more credits to each practical paper of M.A. course so that all the practical papers can be converted from 03 to 06 credits. These papers are Practical-I (SOE/YOG/C105) of 1st Semester, Practical-III (SOE/YOG/C205) of 2nd semester, Practical-V (SOE/YOG/C303) of 3rd semester and Practical-VI (SOE/YOG/C403) of 4th semester of M.A. Yogic Science. Similarly, 02 credits will be added to the practical paper of P.G. Diploma course so that all the practical papers can be converted from 04 to 06 credits. These papers are Practical-I (SOE/YOG/C004) of 1st semester and Practical-II (SOE/YOG/C008) of 2nd semester of P.G. Diploma Yogic Science. This change will be effected from session 2017-18. This issue will be presented to the members of B.O.S for their kind consideration and approval.
6. In the First unit under the heading of Saptang Yoga, Satkarma and Pratyahara were not included in the syllabus of second paper i.e. Fundamentals Text of Yoga-I (SOE/YOG/C102) of M.A. Yogic Science I semester. In place of them, Dharana and Bandha were included. Therefore in order to rectification of the syllabus under the heading of Saptang Yoga, topic of Satkarma and Pratyahara will be included. This

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- change will be effected from session 2017-18 and it will be the presented to the members of B.O.S. for their kind consideration and approval.
7. List of the name of paper setter will be presented for approval of the members of BOS.
8. Text book “योग के सैद्धांतिक एवं क्रियात्मक पक्ष” published by Virtuous Publications Noida, UP/New Delhi and “घेरण्ड संहिता में षट्कर्म, योगाभ्यास और योग” published by Chaukhambha Sanskrit Pratishthan, Delhi written by Dr. Kavita Bhatt will be included as recommended book for the paper Fundamental Texts of Yoga I (SOE/YOG/C-102) as well as Fundamentals of Yoga (SOE/YOG/C-101) of the syllabus of the MA in Yogic Science I semester. Similarly, “हठयोग की भूमिका” published by University Publications, New Delhi written by Dr. Chintaharan Betal will be included as recommended book for the paper Principles of Hatha Yoga (SOE/YOG/C-103) of the syllabus of MA in Yogic Science I Semester. This matter will be presented to the members of BOS for their kind consideration and approval.
9. Regarding the eligibility and non-eligibility of Guest Faculty of Yoga in setting of Question papers of Yoga subject at B.Sc. and P.G level will be discussed in the meeting and a unanimous decision will be taken by the members of BOS.

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DEPARTMENT OF NATUROPATHY AND YOGA, CHOURAS CAMPUS,

H.N.B. GARHWAL UNIVERSITY, SRINAGAR GARHWAL,

UTTARKHAND

**AGENDA AND MINUTES OF THE MEETING OF BOARD OF STUDIES
IN YOGA**

30th August 2019

Members of the BOS Meeting:

1. Prof. P.K.Joshi, i/c Dean, School of Education H.N.B.G. University.
2. Prof. Ishwar Bhardwaj (External Expert), Dept. of Yoga, Gurukul Kangadi University, Haridwar
3. Prof. Suresh Lal Barnwal (External Expert) Dept. of Yoga, Dev Sanskriti University, Haridwar.
4. Prof. Indoo Pandey Khanduri (Internal Expert) Dept. of Philosophy, H.N.B.G. University.
5. Prof.P.K. Joshi, Dept (Internal Expert) of Education, H.N.B.G. University.
6. Dr. Chintaharan Betal (H.O.D.) Dept. of Yoga, H.N.B.G. University
7. Dr. G.S. Thakur, Senior Faculty, Dept. of Yoga, H.N.B.G. University.

A meeting of the Board of Studies was Yoga is scheduled to be held at 10:00 a.m. on 30th August 2019 as per the reference no. RO/2019/396 dated 20/08/2019, in the Chauras Campus of H.N.B.G. University, Srinagar, Garhwal (U.K.). The following points have been discussed in the meeting with the kind permission of all the honourable members of the meeting:

Agenda and Minutes of Meeting

Agenda 01: To modify in BSY-AECCT 304 (Basics of Sanskritam) of III semester and BSY-CT403 (Fundamentals of Biochemistry), BSY-AECCT 404 (Sanskrit) of IV semester syllabus of B.Sc. in Yogic Science.

Resolution 01: After thorough discussions, the members of BOS approved slight modification in BSY-AECCT 404 (Sanskrit) and BSY-CT403 (Fundamentals of Biochemistry) syllabus of B.Sc. in Yogic Science IV semester. However, the member of BOS recommended no change in the BSY-AECCT 304 paper (Basics of Sanskritam) of III semester of B.Sc. in Yogic Science.

Agenda 02: To initiate the course M.Sc. in Yogic Science with 30 seats from the session 2020-21.

Resolution 02: After thorough discussions, the members of BOS recommended for initiation of M.Sc. in Yogic Science course from the session 2020-21 with 30 seats intake.

Agenda 03: To modify the Ph.D. synopsis of Garima Jaiswal and Vineet Posti.

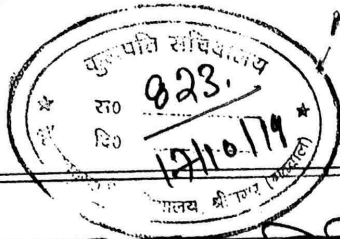
Resolution 03: After thoroughly discussion, the members of BOS approved slight changes in the synopsis "Effect of Yogic Intervention on Cyclical Mastalgia" of Miss Garima Jaiswal. In her previously approved synopsis, the sample size was 80 (N=40 for Control Group and N=40 for Experimental Group) but due to scarcity of sample, the sample size now is minimized to 40 i.e. N=20 for Control Group and N= 20 for Experimental Group. Similarly in the synopsis of Veenit Posti "Effect of Yoga Nidra on Adjustment of Undergraduate Students" sample size was initially approved 80 (N=40 for Control Group and N=40 for Experimental Group) but due to scarcity of sample, the sample size now is minimized to 50 i.e. N=25 for Control Group and N= 25 for Experimental Group.

Agenda 04: As per the mail from Joint Registrar (Academic) dated 27 July 2019 regarding contesting the Municipal Election of the Srinagar Garhwal Uttarakhand by Vineet Posti, Research Scholar of the Department without N.O.C; the matter is placed before the honourable members of B.O.S. for discussion.

Resolution 04: The Department has already informed to the Joint Registrar (Academic) by mail on dated 27 July 2019 that Mr. Vineet Posti was not issued any N.O.C (No Objection Certificate) from the Department of Yoga because Vineet Posti has not applied for it. After discussion, honourable members of BOS stated that in this regards it is resolved that the University administration should be authorised to take the decision as per rules and regulations of the University.

Presented Members of the BOS Meeting:

1. Prof. P.K.Joshi, i/c Dean, School of Education H.N.B.G. University.
2. Prof. Suresh ^{Lal} Barnwal (External Expert) Dept. of Yoga, Dev Sanskriti University, Haridwar.
3. Prof. Indoo Pandey Khanduri (Internal Expert) Dept. of Philosophy, H.N.B.G. University. *[Signature: Indoo Pandey Khanduri]* 30/8/19
4. Prof.P.K. Joshi, Dept (Internal Expert) of Education, H.N.B.G. University *[Signature: P.K. Joshi]* 30/8/19
5. Dr. Chintaharan Betal (H.O.D.) Dept. of Yoga, H.N.B.G. University *[Signature: Betal]*
6. Dr. G.S.Thakur, Senior Faculty, Dept. of Yoga, H.N.B.G. University. *[Signature: G.S. Thakur]* 30/8/19



प्राध्यापक समिति को उपस्थित सदस्यों द्वारा
प्रोफ. गे. निरंजना द्वारा ही सम्पादित है
आतः अनुमोदना के प्रसृत।

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Resolution which are in compliance with the
ordinance may be approved. However, agenda
item no. 2 needs to be put up before S.B. by
HoD, Dept. of Yoga.

(A) | Agenda item no. 4 needs to be administratively
vetted by University administration as this
is not related to Academic activities

Registration

Non/He. Vc

Reply Registration to take cognizance of
Agenda item no. 4 as per the Ph.D
ordinance of the University and moot
proposed for administrative action

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16.10.2019