



Institute Innovation Cell (IIC)
(Ministry of Education Initiative)



Hemvati Nandan Bahuguna Garhwal University (A Central University)
Srinagar Garhwal, Uttarakhand- 246 174

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Srinagar Garhwal-246174,
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Report: Webinar on “Pitching Event for PoCs developed & linkage with Innovation Ambassadors for mentorship support ” through online medium on Google Meet

Institute Innovation Cell (Ministry of Education Initiative) of Hemvati Nandan Bahuguna Garhwal University, Srinagar, Uttarakhand and Hult Prize at Hemvati Nandan Bahuguna Garhwal University in collaboration with Institute Innovation Cell (Ministry of Education Initiative) of Hemvati Nandan Bahuguna Garhwal University, Srinagar, Uttarakhand organized a Webinar on “Leadership and Motivation: Sharing the Vision” on the 27th of February, 2022. The session started around 3:00pm and the session concluded with a token of thanks by Mr. Mahavir Prasad, Campus Director at Hult Prize around 4:00pm.

Ms. Neha Joshi (Hult Prize Campus Member) thanked honourable Vice-Chancellor Prof. Annpurna Nautiyal for providing such a good platform and welcomed President of the Institute Innovation Cell Prof. Atul Dhyani, Vice-President of the IIC HNBGU Dr. Alok Sagar Gautam, Campus Director Hult Prize HNBGU Mr. Mahavir Prasad and the present campus members of Hult Prize. She then invited Campus Director of Hult Prize HNBGU, Mr. Mahavir Prasad to give the brief introduction about the Hult Prize Foundation and He invited President of the Institute Innovation Cell Prof. Atul Dhyani to welcome Ms. Richa Goyal Rai, Guest Speaker of the Session. Prof. Atul Dhyani welcomed Ms Richa Goyal Rai.

Ms. Neha Joshi gave a brief introduction of the speaker, Ms. Richa Goyal Rai. Ms Richa has 14+ years of experience in HEOR and leads the scientific literature review team in IQVIA. She also holds a position of President in ISPOR India, Mumbai. She has an extensive experience HEOR projects. She has done Masters in Pharmacy (Pharmacology) and MBA in Business Management and is currently PhD Scholar in clinical Research Management. She has been a speaker at various national and international conferences including ISPOR India, ISPOR Mumbai chapter, OPPL, ISCR, IPAS, Pharmocracy, Canvas of clinical Pharmacology workshop and Distiller 2020 week and instilaites like KEM, Jarnia Hamdard TISS, BITS, NIPER Kalkata, NIPER Hyderabad Goa Institute of Management (GIM). IIPH Shilong, Bombay college Pharmacy. She has been a part of Executive Committer for Healthcare Buisness-woman's Association (HBA) for 2021. She has been a recipient of CEO award for her people leadership skills. Apart from this, she is a youtuber and post motivational content across social media including LinkedIn, Facebook and Instagram. She has been supporting student groups through her sessions.

Ms. Richa Goyal Rai started the talk by explaining us what is leadership? She presented the through slides and presented about leadership is all about management. Leadership can be defined through multiple objectives, a leader should inspire you, should be open minded, and should be creative and mature enough to accept feedbacks. A good leader must be a good listener and down to earth. To develop leadership skill one must start reading, listening, observing your surroundings, watch and listen to some great leaders and learn what to do and what not to do. In her talk, she also emphasised on a word which is Personal branding: creating your own brand. One more thing she said which can motivate us in many ways is “the journey may be difficult, but continue pursuing your dreams everyday”. She ended her talk by telling us about leadership competencies and a note: “do not give your shine, you are a star”.

The webinar concluded with a token of thanks proposed by Mr. Mahavir Prasad to the speaker of the day Ms. Richa Goyal Rai and the honourable Vice Chancellor Prof. Annpurna Nautiyal, President of the IIC HNBGU Prof. Atul Dhyani, Vice-President of the IIC HNBGU Dr. Alok Sagar Gautam. Faculty members of the University, Prof. R.S. Negi, Ms. Shivani Kulasari, Mr. Praveen Kumar, Ms. Riya Thakur, Ms. Nisha Jatav, Mr. Vaibhav Bhandari, Ms. Mahima Joshi and more than 100 participants were present.

The session concluded with a vote of thanks by Dr. Anuja Rawat.

Facebook link: <https://www.facebook.com/hnbguiinnovationcell>





Leading a Generation To Change The World

Hult Prize at HNB Garhwal University

in collaboration with
Institute Innovation Cell (IIC)
(Ministry of Education Initiative)
Hemvati Nandan Bahuguna Garhwal University (A Central University)
Srinagar Garhwal, Uttarakhand

Event Details:

Leadership and Motivation : Sharing the Vision

ACTIVITY Quarter 1: Pitching Event for Ideas Scouted & Linkage with Innovation Ambassadors for Mentorship Support

Date: Feb 27, 2022, Sunday, Time: 3:00PM (IST), Online

Registration Form Link: www.hultprizehnbgu.online

Google Meeting Link: <https://meet.google.com/ncq-miev-jcm>

GUEST SPEAKER



Ms. Richa Goyal Rai

Principal : Real World Solutions (HEOR)
IQVIA, Mumbai

Patron

Prof. Annpurna Nautiyal
Hon'ble Vice Chancellor
HNB Garhwal University

IIC

Prof. Atul Dhyani
President, IIC HNBGU

IIC

Dr. Alok Sagar Gautam
Vice President, IIC HNBGU

Hult Prize

Mr. Mahavir Prasad
Campus Director
Hult Prize HNBGU

Hult Prize Organising Committee

Mr. Vaibhav Bhandari, Ms. Mahima Joshi, Ms. Riya Thakur
Ms. Nisha Jatav, Ms. Neha Joshi, Mr. SS Shekhawat
Mr. Yogesh Kumar, Mr. Krishna Joshi, Mr. Hariom Yadav
Mr. Vishavjeet, Mr. Ajay Kumar, Mr. Anil Gusain, Mr. Yogesh Sihag

Ms. Shivani Kulasari
Mr. Praveen Kumar
Deputy Campus Director(s)
Hult Prize HNBGU

*Participation Certificates will be provided to attendees

meet.google.com/nccq-miev-jcm

REC richa goyal is presenting

15:54 | nccq-miev-jcm

02:54 PM Sunday 27-02-2022

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REC richa goyal is presenting

7 Cs of effective communication

Awareness of these 7 C's of communication makes you an effective communicator

- Completeness**
 - The communication must be complete. It should convey all facts required by the audience. The sender of the message must take into consideration the receiver's need and convey the message accordingly.
- Consideration**
 - Consideration implies "stepping into the shoes of others." Effective communication must take the receiver into consideration. It is the awareness of the receiver's needs, interests, attitudes, etc.
- Conciseness**
 - Conciseness implies being precise and clear. It is the ability to convey the message in a clear and concise manner.
- Clarity**
 - Clarity implies emphasizing on a specific message or goal at a time, rather than trying to achieve too much at once.
- Correctness**
 - Correct communication implies being accurate and free from errors. It is the ability to convey the message in a clear and concise manner.
- Courtesy**
 - Courtesy in message implies the message should show the sender's respect as well as respecting the receiver. The sender of the message should be considerate, polite, and courteous.

16:02 | nccq-miev-jcm

02:52 PM Sunday 27-02-2022

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REC richa goyal is presenting

16:48 | nccq-miev-jcm

02:48 PM Sunday 27-02-2022

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REC richa goyal is presenting

Emotional Intelligence Leadership Model

Self-awareness

- Accepting yourself and others
- Have your own style
- Continuous improvement

Social Skills

- Open to interact and communicate
- Should be able to handle difficult conversations

Motivation

For self and others

Self-regulation

- Emotional control
- Continuously working on it

Empathy

- Understanding someone's efforts
- Reacting to their problems

15:46 | nccj-miev-jcm

02:45 PM Sunday 27-02-2023

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REC richa goyal is presenting

Mentorship

Mentor-Mentee Relationship

- Empathetic
- Support based
- Comfort zone
- Career guidance

Advantages of finding a mentor

- Leverage from experience
- Give a holistic view
- Can be Devil's advocate

15:44 | nccj-miev-jcm

02:44 PM Sunday 27-02-2023

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REC richa goyal is presenting

Personal branding

Is there any influencer you follow?

How to build?

Have a vision
Gather all starting points

How to start?

Find a mentor
Have a good SMART

What are the advantages?

Establishes your identity
People can relate to you
Represent a population sample

15:37 | nccj-miev-jcm

02:37 PM Sunday 27-02-2023

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richa goyal is presenting

People Leadership

15:31 | nqj-miev-jcm

02:21 PM Sunday 27-02-2022

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richa goyal is presenting

Some books:

15:28 | nqj-miev-jcm

02:22 PM Sunday 27-02-2022

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richa goyal is presenting

How to develop leadership skills?

15:27 | nqj-miev-jcm

02:27 PM Sunday 27-02-2022

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richa goyal is presenting

How to develop leadership skills?

Reading
Books, articles

Listening
Podcasts, videos, speeches

Solutioning approach
Brain storming

Observing your surroundings
Walks and explore your circles

Watching and listening to some great leaders

Learning both "what to do" and "what not to do"
Learning both are equally important

Sachin Rana has left the meeting

15:27 | nqj-miev-jcm

02:27 PM Sunday 27-02-2022

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richa goyal is presenting

Techniques to gain focus

Several techniques can help you zone in on the task in front of you

Train your brain

Practice mindfulness

Pomodoro technique

Limit social media time

Make a to-do list

Follow your passion

Good sleep

Self-love/self-care

Exercise

Meditate

Ritika Bhandari has left the meeting

15:23 | nqj-miev-jcm

02:23 PM Sunday 27-02-2022

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richa goyal is presenting

Focus

Focus helps people pay attention in the midst of distractions and setbacks and sustain the effort and energy needed to reach a goal

What is focus?

Focus is defined as to concentrate all your energy in particular in a particular activity.

Focus is defined as to bring one's attention to a particular thing.

Focus is to be important because it is the gateway to productivity, innovation, creativity, learning, meaningful progress, learning, and personal growth.

Importance of being focused

Less stress

More productivity and focused on work

Channelled energy

Working in right direction

15:22 | nqj-miev-jcm

02:22 PM Sunday 27-02-2022

REC richa goyal is presenting

Types of Leadership

15:19 | ncq-mlev-jcm

03:18 PM Sunday 27-10-2023

Participant list:

- R. S Negi
- Anil Dhyani
- Dr Alok Sagar G...
- Riya Thakur
- richa goyal
- Nisha Jaisv
- Raghendra Shu...
- 69 others
- You

REC richa goyal is presenting

15:17 | ncq-mlev-jcm

03:17 PM Sunday 27-10-2023

Participant list:

- Neha Joshi
- Anil Dhyani
- Dr Alok Sagar G...
- Riya Thakur
- richa goyal
- Nisha Jaisv
- Raghendra Shu...
- 70 others
- You

REC

richa goyal

15:10 | ncq-mlev-jcm

03:18 PM Sunday 27-10-2023

Participant list:

- Neha Joshi
- Anil Dhyani
- Dr Alok Sagar G...
- Dr Alok Sagar G...
- Mitakaudin
- Ashil Kumar
- URMILA SAHAR...
- 75 others
- You