


Curriculum Vitae

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|--------------------|--|---------|--|---|
| Full Name | ARCHANA SHAH | | |  |
| Designation | Associate Professor | | | |
| Department | Home Science | | | |
| Campus | S.R.T. Campus, Badshahi Thaul, Tehri | | | |
| Address | Department of Home Science H.N.B. Garhwal University S.R.T. Campus, Badshahi Thaul, Tehri Garhwal, Uttarakhand – 249199 | | | |
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Educational Qualifications:

| Exam Passed | Board/University/ Institution | Year of Passing | Division |
|---|---|--------------------|----------|
| High School | CBSE, Central School, Secunderabad | 1981 | II |
| Intermediate | CBSE, Central School, Delhi | 1983 | I |
| B. Sc. (Home Science) | Delhi University, Lady Irwin College, Delhi | 1986 | I |
| B. Ed. (Home Science) | Delhi University, Lady Irwin College, Delhi | 1987 | I |
| M.Sc. Home Science (Child Development) | Delhi University, Lady Irwin College, Delhi | 1991 | I |
| UGC-NET Eligibility for Lectureship | UGC | 1991 | ----- |
| Ph.D | CCS University, Meerut M.L. & J.N.K. College, Saharanpur | 2012 | ----- |

| Degree | Title | Year of Award | University |
|----------------|--|------------------|---|
| D.Phil. | Organization, Management and Impact of National Programme for Nutritional Support to Primary Education in Tehri District of Uttaranchal State | 2012 | CCS University, Meerut M.L. & J.N.K. College, Saharanpur |

Teaching Experience:

| Designation | Date of Joining | |
|---|-----------------|------------|
| | From | To |
| Ad-hoc Lecturer (Govt. Mahila College, Haldwani, Uttarakhand) | 25.04.1997 | 22.04.1998 |
| Lecturer (HNB Garhwal University) | 25.04.1998 | 24.04.2004 |
| Lecturer (Senior Scale) | 25.04.2004 | 24.04.2009 |
| Associate Professor | 25.04.2009 | 15.10.2012 |

Research, Publications and Academic Contributions:

| Research Guidance | Total Number |
|--|--------------|
| Ph.D Registered | 03 |
| Dissertations (M.A.) | 06 |
| Papers Published | Total Number |
| Journals | 17 |
| Chapters in Edited Books | 04 |
| Conferences, Seminars and Workshops | Total Number |
| Paper Presented / Seminars/ Workshops Attended | 43 |
| Workshops Conducted | Total Number |
| Workshops Conducted | 02 |

Research Interest and Fields of Specialization:

1. Childhood Studies
2. Traditional Childbirth and Childcare Practices
3. Early Childhood Years

Honours & Awards:

Awarded the **Appreciation Award** for the **Best Master Trainer** in district Tehri for Project SHRINKHALA 2010, on 'Awareness of PC-PNDT Act', State Level Advocacy Campaign against Sex-Selection and Pre-Birth Elimination of Females in collaboration with M.K.P (P.G.) College, Dehradun and the Department of Medical Health and Family Welfare, Uttarakhand, 9-10 March, 2010.

Member of Academic Institutions

Life Member of the following associations:

- India Habitat Center, New Delhi
- All Indian Association For Educational Research
- Psycho-Linguistics Association of India
- Praachi Psycho-Cultural Research Association

Administrative Experience:

- Member, Sports Council (2009 – 2010; 2016 – 2017; 2017 – 2018)
- Assistant Proctor (2010 – 2011, 2015 – 2016, 2016 – 2017)
- Member, Anti Ragging Committee (2011 – 2012)
- Assistant Warden, Girls Hostel (2012 – 2014)
- Head of Department of Home Science, HNBGU (15.12.2012 -14.02.2013)
- Member of Board of Studies in L.M.S. Govt. Post Graduate (Autonomous) College, Rishikesh, Uttarakhand from 2018 - 2020
- Member; Career Counselling and Placement Service (2012 – 2013, 2018 – 2019)
- Member Time-Table Constitution Committee (2013 – 2014, 2014 – 2015, 2015 – 2016, 2016 – 2017, 2017 – 2018)
- Member Hostel Committee (2013 – 2014 and 2013 – 2015)
- Member Anti-Ragging Squad (2014 – 2015), (2015 – 2016)
- Member, School Board for School of Sciences (2014 – 2015)
- Convener, 'Run for Unity' event carried out as part of National Unity Day celebrated on birth anniversary of Sardar Vallabh Bhai Patel on 31st October, 2014
- Member, Academic Council (2015 – 2016)
- Member, Women Cell (2015)
- Member, Executive Council of University (2018 – 2019)
- Assistant Dean Student Welfare (2018 – To Date)
- Member, Board of Studies in Home Science
- Member, Editorial Board of SRT Magazine
- Member, selection of campus team for different sports and athletic events
- Member of Board of Studies in L.M.S. Govt. Post Graduate (Autonomous) College, Rishikesh, Uttarakhand from 2016-17
- Convener, MA Home Science admission committee
- Member, BA I, BA II and BA III admission committee
- Member, Committee for student union elections
- Member, Committee for student Annual Sports
- Member, Committee for student union annual function

Networking with Other Universities/Institutions:

- Subject Expert for Interviews, Evaluation of Master's Dissertations, Question Paper Setting, External Examiner for Practical Examinations, Writing Units/Chapters in textbooks for distance learning programmes, Member Subject Expert in selection committee, Member Subject Expert in Board of Studies in Home Science:
- G. B Pant University of Agriculture and Technology, Pantnagar
- Uttarakhand Public Service Commission, Haridwar
- Uttarakhand Open University, Haldwani
- Uttarakhand Vidyalayee Shiksha Parishad, Ramnagar
- Sri Dev Suman University, Tehri Garhwal
- Chief Education Officer, Sahastradhara Road, Dehradun
- Pt. L.M. S. Government Post Graduate College, Rishikesh

Conference/Symposium/Workshop Attended:

International

1. International Seminar cum Annual Conference of All India Association for Educational Research on Quality Concerns in Education, Lucknow University, Lucknow, Uttar Pradesh, India, Dec 22-24, 2009.
2. 8th International and 12th National Conference of the All India Association of Teacher Educators on School Education Scenario in India: Emerging

Challenges for Teacher Education, 15-16 October, 2011, New Delhi.

3. Presented a paper entitled "The Psychosocial Impact of Natural Disasters on Children" at the Third International Geo-Hazards Research Symposium (IGRS-2012), H.N.B. Garhwal University, Badshahi Thaul Campus, Tehri Garhwal, 10-14 June, 2012.

National

1. Presented a paper at the National Conference on Teacher Education in Communication Age, the Advance Institute of Management at Ghaziabad, Uttar Pradesh, India, February 11-12, 2006.
2. Presented a paper at the National Seminar on Environmental Education: Nature and Nurture, Vardhaman College, Bijnor, Uttar Pradesh, India, February 26-27, 2006.
3. Presented a paper at the National Symposium on *Emerging Trends of Home Science in Changing Social Order*, Department of Home Science, M.M. (P.G.) College, Satikund, Kankhal, Hardwar, Uttarakhand, India, 4th February 2007.
4. Presented a paper at the 2nd Uttarakhand State Science Congress, Uttarakhand Academy of Administration, Nainital, Uttarakhand, India, 15-17 November 2007.
5. Presented a paper at the National Seminar on Women Empowerment in Garhwal Himalayas: Constraints and Prospects, SAP, Department of Political Science, H.N.B Garhwal University, Srinagar, Garhwal, Uttara Khand, India, November 19-20, 2007.
6. Presented a paper at the 10th Annual Conference of the All India Association of Teacher Educators, New Delhi, India, 28-29 December, 2009.
7. Presented a paper at the National Seminar of Decentralized Governance, Regional Development and Women Empowerment, 18-20 Feb 2010, HNB Garhwal University, Srinagar.
8. Presented a paper at the All India National Seminar on Child Labour: Some Emerging Issues, 28-29 October, 2010, RG (PG) College, Meerut.
9. Presented a paper at the UGC Sponsored National Seminar on Women in Higher Education and Women Empowerment, Saubhagyawati Bai Dani Mahila Mahavidyalaya, Dhampur (Bijnore), 23-24 September, 2011.
10. Presented a paper entitled "Perception of College Students towards Values" at the National Seminar on Revamping Indian System of Education, University of Lucknow, 4-5 February, 2012.
11. Presented a paper on "Community Radio: A Tool for Women Empowerment" at the National Seminar on efgyk l"kfDrdj.k% psruk ds fofo/k vk;ke, Government Girls Degree College, Behat (Saharanpur), 11 February, 2012.
12. Presented a paper on "Human Resource Development of Uttarakhand" at the National Seminar on Critical and Contemporary Issues in Human Resource Development, Shivalik Institute of Education, Saharanpur, 19th February, 2012.
13. Attended a state level workshop on Traditional Knowledge Systems and its Various Dimensions, Government PG College, New Tehri, 19th March, 2012.
14. Presented a paper on "The Why and How of Teacher Education and ICT" at the National Seminar on Quality Assurance of Teacher Education: Initiatives and Mechanism, Modern Institute of Technology, Rishikesh, 21-22 April 2012.

15. Presented a paper entitled "Child Rights Perspective in Teacher Education", National Seminar on Qualitative Improvement in Teacher Education, Hari Institute of Technology, Randevi (Nakur), Saharanpur, 10 May, 2012.
16. Presented a paper entitled "Early Childhood Education and Revival of Traditional Indian Values" at the National Seminar on Impact of Western Culture on Indian Culture: Restoring Our Traditional Values, D.A.V. (P.G.) College, Dehradun, 14-15 July, 2012.
17. Presented a paper entitled "Saving the Girl Child: Creative Media to the Rescue" at the National Seminar on Status of Child Rights in Uttarakhand, D.A.V. (P.G.) College, Dehradun, 28-29 July, 2012.
18. Presented a research paper entitled "*Going Cellular: A Study of Mobile Usage Among Youth of Uttarakhand*" at the 7th Uttarakhand State Science and Technology Congress-2012 from 21-23 November, 2012 at Graphic Era University, Dehradun.
19. Attended a workshop on AIDS Awareness, H.N.B. Garhwal University, Badshahi Thaul Campus, Tehri Garhwal, 1st December, 2012.
20. Attended a workshop on AIDS Awareness, H.N.B. Garhwal University, Badshahi Thaul Campus, Tehri Garhwal, 2nd December, 2013.
21. Presented a research paper entitled "*Menstrual Perceptions and Practices of Adolescent Girls in Tehri District*" at the 8th Uttarakhand State Science and Technology Congress-2013 from 26-28 December, 2013 at Doon University, Dehradun.
22. Presented a research paper entitled "Folk Culture of Uttarakhand and Environment" at the AICTE sponsored National Seminar on "Economic Upgradation: Environmental Degradation", at Omkaranada Institute of Management and Technology, Rishikesh, 24 – 25 January, 2014.
23. Presented a research paper entitled "Layman's Perspective of Physics, Philosophy and Reality" at the National Symposium on "Mind, Matter and Mathematics: A Dialogue", H.N.B. Garhwal University, Badshahi Thaul Campus, Tehri Garhwal, 12 – 14 March, 2014.
24. Presented a research paper entitled "*Gender and Natural Disasters*" at the National Seminar on Geo-Environmental Hazards and Neo-Tectonic Activities in Himalaya, 28–30 October, 2014, H.N.B. Garhwal, S.R.T. Campus, Badshahi Thaul, Tehri Garhwal, Uttarakhand.
25. Presented a research paper entitled "*Curriculum for Young Children: The Indian Indigenous Perspective*" at the National Seminar on Education Application for Nation Building, 25-26 March, 2015, M.L. & J.N.K. Girls College, Saharanpur, U.P.
26. Presented a research paper entitled "*Climate Change and Children*" at the VIIth National Conference on Society and Sustainable Development in Himalayan States: Perspectives, Problems & Prospects, 24–25 February, 2016, D.A.V. (P.G.) College, Dehradun, Uttarakhand
27. Presented a research paper entitled "*MNREGA in Uttarakhand*" at the *Rashtriya Sangoshti Manrega ke Dwara Grameen Vikas: Nai Chunautiyan aur Samadhan*, 17 September, 2016, B.S.M.P.G. College, Roorkee, Uttarakhand.
28. Participated in the Department of Science and Technology, Government of India sponsored training workshop on "*Biodiversity Conservation*" conducted by Wildlife Institute of India, Dehradun from 19th – 23rd March, 2018.

Participation in Orientation Programme & Refresher Courses :

1. Participated in UGC-sponsored Orientation Course from 21st February to

22nd March, 2001 at Academic Staff College, Jamia Millia Islamia, New Delhi.

2. Participated in UGC-sponsored Refresher Course from 11th November to 6th December, 2002 at Academic Staff College, Jawaharlal Nehru, University
3. UGC Sponsored Refresher Course in Women Empowerment and Development, 2008, UGC – Academic Staff College, Kumaun University, Uttarakhand, India, 20th May – 09th June, 2008.
4. Refresher Course, CPDHE, University of Delhi, September 24 to October 15, 2012

Conference/Symposium/Workshop Organized :

1. As District Coordinator for Project SHRINKHALA 2010, conducted a District Advocacy Workshop for 100 youths from urban areas of district Tehri on 'Awareness of PC-PNDT Act', as a State Level Advocacy Campaign against Sex-Selection and Pre-Birth Elimination of Females in collaboration with M.K.P (P.G.) College, Dehradun and the Department of Medical Health and Family Welfare, Uttarakhand, 9-10 March, 2010.
2. As District Coordinator for Project SHRINKHALA 2011, conducted two District Advocacy Workshops for 100 youths and 50 women and girls respectively, on 'Awareness of PC-PNDT Act' as a State Level Advocacy Campaign against Sex-Selection and Pre-Birth Elimination of Females in collaboration with M.K.P (P.G.) College, Dehradun and the Department of Medical Health and Family Welfare, Uttarakhand at S.R.T. Campus, Badshahi Thaul on 9th and 10th February 2011.

Invited Speaker or Presentation for Conferences or Symposia:

1. Delivered a lecture as a Resource Person on "*Child Sex Ratio in Uttarakhand*" a district-level workshop on "Spreading Awareness Towards PC-PNDT Act in Uttarakhand" organized by Uttarakhand Jan Jagriti Sansthan at Bourari, New Tehri under Project Sankalp 2013 sponsored by Department of Medical Health and Family Welfare, Government of Uttarakhand, on 1 March, 2013.
2. Delivered a lecture as Resource Person on "*Gender Sensitization in Schools and Classroom*" at a one week Capacity Building Programme for School Teachers organized by School of Education, HNB Garhwal University, SRT Campus, from 25th to 2nd March, 2019.
3. National Webinar on Impact of COVID-19 On Mental Health Of Youngsters: Causes and Suggestions, Chaman Lal Mahavidyalaya, Landhaura, Haridwar, Impact of COVID-19 on Children, 6th June, 2020.
4. ikWap fnoih; "kks/k izfof/k izf" k{k.k DIET Tehri Garhwal, New Tehri "kS{kf.kd vuqlU/kku esa euksoSKkfud ijh{k.kksa dk mi;ksx

Publications:

Journals:

1. Value Education: Some Reflections. Maikhuri Rama and **Shah Archana**. *Experiments in Education*, Vol. XXXIII No.11, November 2005, pp 9-12.
2. Environment Education for Children. **Shah Archana** and Maikhuri Rama. *Experiments in Education*, Vol. XXXIV No.6, June 2006, pp-19-23.
3. Mid-Day Meal Scheme in Tehri Garhwal. **Shah Archana**. *Psycho Lingua*,

Vol.36 No.1 January, 2006, pp 99-104.

4. f'k{k laLFkkuksa esa jk'V^{ah}; Isok ;kstk vkSj lk;kZoj.k tkx:drk vfHk;ku. lqfurk xksfn;ky ,oa **vpZuk "kkg ifjz{. o'kZ 13] vad 3] fnIEcj 2006] i'B la- 105&112- ISSN: 0972-7515**
5. An Analytical Study of District Board School Teachers' Work-Values, Work-Involvement, Job Involvement and Job-Satisfaction. Godiyal Sunita, Padiyar Geetali and **Shah Archana**. *Research Journal of Philosophy and Social Sciences*, Vol.XXXIV 2008 Special Issue, pp 15-26.
6. Study of Cognitive Development of Preschoolers in Uttarakhand. **Shah Archana** and Godiyal Sunita. *GYAN – The Journal of Education*, Vol.4, No.2, Jan-June, 2008, pp 48-52.
7. "Prevalence of Undernutrition among Children in the Garhwal Himalayas", Anuradha Dutta, Pant Kiran, Puthia Rekha and **Sah Archana**, *Food and Nutrition Bulletin*, Vol.30, No.1, pp 77-82, March 2009. **Journal Impact Factor in 2009 = 1.588**
8. "Balancing the Earth: A Tribute to Al Gore", Shah Mani Kant and **Shah Archana**, *University News*, Vol. 47 No. 38, 2009, pp 15-17, September 21-27.
9. "ICT in the Early Years: Balancing the Risks and Benefits", **Shah Archana**, *Journal of All India Association for Educational Research*, Vol.21. No.2, pp 105 – 112, December 2009.
10. "Computers in the Early Childhood Classroom", **Shah Archana** and Sunita Godiyal, *NAVTIKA Journal of Early Childhood Care and Education*, Vol.II, No.2, pp 15 – 20, May – July 2011.
11. Book Review: Draft National Early Childhood Care and Education (ECCE) Policy, 2012. **Shah Archana**. *NAVTIKA Journal of Early Childhood Care and Education*, Vol.III, No. 2, pp 72 – 76, May – July 2012.
12. **Shah Archana and Nisha Shukla (2013)**: "Maternal Perceptions of Mid Day Meals in Primary Schools", *International Transactions in Humanities and Social Sciences*, Vol.5, No.2, July – December 2013, pp 98 – 102. **ISSN: 0975-3745 (Print) ISSN: 2231-4725 (Online)**.
13. **Shah Archana and Nisha Shukla (2014)**: "Mid Day Meal Scheme in Primary Schools of Tehri Garhwal in Uttarakhand", *Indian Journal of Social Research*, Vol. 55, No. 4, July – August 2014, pp 621 – 629. **ISSN: 0019-5626**.
14. **Shah Archana (2014)**: "*Madhyan Bhojan: School Meals from the Child's Perspective*", *Academia and Society*, Vol. No. 1, Issue: 1, October 2014, pp 58 – 60. **ISSN (Print): 2393-9419 ISSN (Online): 2393-8919**
15. **Shah Archana and Nisha Shukla (2014)**: "From the Eyes of the Bhojan Matas: A Sociological Study of Mid Day Meal Scheme in the Himalayas", *REYONO Journal of Interdisciplinary Studies*, Vol. 3, Issue 2, 2014. **ISSN: 2277- 7652**
16. **Shah, Archana (2016)**: "The Power of Exploring through Play". *NAVTIKA: Journal of Early Childhood Care and Education*, Vol. VII, No.2 May – July 2016. **ISSN 2348 – 8824**.
17. **Shah, Archana, & Nisha, Shukla (2015)**: "Mid Day Meal Scheme in Primary School of Tehri Garhwal in Uttarakhand", *IIMT, Education Review VI No. 1 Aug. 2015 – July 2016*. 54-60. **ISSN 2229-4902**.

Chapters in Textbooks:

1. "Female Foeticide and Status of Girl Child", **Shah Archana** and Mani Kant Shah. In: "Women Empowerment in Garhwal Himalayas: Constraints and Prospects", Ed. by Nautiyal Annpurna and Himanshu

- Bourai, pp 100-108, 2009
2. "Home Science Education (HSE) for Rural Women in Uttarakhand", **Shah Archana**. In: "Decentralized governance, regional development and women empowerment, Ed. by Nautiyal Annpurna and Himanshu Bourai, Gyan Publishing House, pp 115, 2013
 3. **Shah Archana (2015)**: "Natural Disasters and Children". In "Geo-Hazards: Recent Research", Ed by R.C Ramola and G.S Gusain, Narosa Publishing House, New Delhi (2015) pp. 171 – 176.
ISBN: 978-81-8487-396-2
 4. **Shah, Archana** (2017).Unit1: Principles of Child Development, Unit 3: Growth and Development and Unit 4: Care during Pregnancy, in: Textbook on Child Development (HSC-102) for Distance Learning Program, Uttarakhand Open University, Haldwani, 47p.
978-93-85740-50-3

Total Number of Research Publications: 21

Research Papers in Journals: 17

Chapters in Textbooks: 4

Participation in Seminars & Conferences : 28