

DEPARTMENT OF NATUROPATHY AND YOGA, CHOURAS CAMPUS,

H.N.B. GARHWAL UNIVERSITY, SRINAGAR GARHWAL,

UTTARKHAND

**AGENDA AND MINUTES OF THE MEETING OF BOARD OF STUDIES
IN YOGA**

05th December 2018

Members of the BOS Meeting:

1. Prof. J.K. Godiyal, Dean, School of Education H.N.B.G. University. *Godiyal 5/12/18*
2. Prof. Ishwar Bhardwaj (External Expert), Dept. of Yoga, Gurukul Kangadi University *Bhardwaj 5/12/18*
3. Prof. Usha Lohan (External Expert) Dept. of Yoga & Physical Education, Kurukeshtra University, Hariyana.
4. Prof.P.K.Joshi, Dept (Internal Expert) of Education, H.N.B.G. University. *Joshi 5/12/18*
5. Prof. Indoo Pandey Khanduri (Internal Expert) Dept. of Philosophy, H.N.B.G. University. *Khanduri 5/12/18*
6. Dr. G.S.Thakur, In charge, Dept. of Yoga, H.N.B.G. University. *Singh 5/12/18*
7. Dr. Chintaharan Betal (senior faculty) Dept. of Yoga, H.N.B.G. University. *Betal 5/12/18*

A meeting of the Board of Studies in Yoga is scheduled to be held at 11:00 a.m. on 05th December 2018 as per the reference no. Letter/ Academic/2018/80 dated 27/11/2018, in the Chauras Campus of H.N.B.G. University, Srinagar, Garhwal (U.K.). The following points have been decided to be discussed in the meeting with kind permission of all the honourable members of the meeting-

Agenda and Minutes of Meeting

Agenda 01: To present Ph.D. Synopsis by Garima Jaiswal and Vineet Posti before the members of B.O.S. for the approval of their Topics.

Resolution 01: The Ph.D synopsis by Garima Jaiswal on the topic "Effect of Yogic Intervention on Cyclical Mastalgia" under the supervision of Dr. Ghanshyam Singh Thakur Vineet Posti on the topic "Effect of Yoga Nidra on Adjustment of Under Graduates" under the supervision of Dr. Chintaharan Betal were presented before the Committee. Through discussion, suggestions and minor corrections the committee agreed and their topics and synopsis.

Agenda 02: To approve the name of publishers and published books by the Faculties of Department of Naturopathy & Yoga

Resolution 02: After discussion, the members of B.O.S. approved the following publishers and published books

Sr.No.	Name of Books	Author Name	Publishers Name	ISBN No.	Year of Publication
1	The changes in Consciousness field through Yoga Practices, Agnihotra Yajna and Navaratri Festival	Dr. Ghanshyam Singh Thakur	Astha Prakashan, Delhi	978-81-925445-7-1	2015
2	Purak Chikitsya Padhattian: Units: 10,11,12,13,14	Dr. Ghanshyam Singh Thakur	Uttarakhand Open University, Haldwani	978—93-85740-06-0	2016
3	Sharirik Rogon main Vekalpic Chikitsya Units: 16,17,18	Dr. Ghanshyam Singh Thakur	Uttarakhand Open University, Haldwani	978—93-84813-70-3	2016
4	Hatha Yoga ki Bhumika	Dr. Chintaharan Betal	University Publication, New Delhi	978-81-7555-767-3	2017
5	Vastunistha Bahuvikalpiya Prasnouttar main Yoga	Dr. Chintaharan Betal	Kitab Mahal, New Delhi	978-81-225-0664-8	2017

Agenda 03: To approve the Lateral Entry process for P.G. Diploma students in Yoga into the third semester of M.A. in Yoga

Resolution 03: After thoroughly discussion about the various difficulties and inconveniences of the lateral entry system in Yoga, the members of B.O.S. denied and rejected the lateral entry agenda.

Agenda 04: To change the nomenclature of M.A.in Yoga in place of M.A. in Yogic Science from the session 2019-20 and change of nomenclature of P.G. Diploma in Yoga in place of P.G. Diploma in Yogic Science from the session 2019-20.

Resolution 04: The members of B.O.S. discussed in detail about the change of nomenclature of M.A. and P.G. Diploma and they approved that the nomenclature of Master of Yoga will be M.A. in Yoga and P.G. Diploma will be P.G. Diploma in Yoga from the session 2019-20 in place of existing nomenclature M.A. in Yogic Science and P.G. Diploma in Yogic Science respectively.

Agenda 05: To approve the conduction of Internal Examination/Sessional Examination in two phases for M.A. Yogic Science and P.G. Diploma Yogic Science.

Resolution 05: The members of B.O.S. discussed over the agenda no 05 and agreed and approved that Internal/Sessional examination will be conducted in two phases for M.A. Yogic Science and P.G. Diploma Yogic Science as well as B.Sc. Yogic Science from the coming session 2018-19.

Members of the BOS Meeting:

1. Prof. J.K. Godiyal, Dean, School of Education H.N.B.G. University. *Godiyal*
2. Prof. Ishwar Bhardwaj (External Expert), Dept. of Yoga, Gurukul Kangadi University. *Ishwar*
3. Prof. P.K. Joshi, Dept (Internal Expert) of Education, H.N.B.G. University. *P.K. Joshi*
4. Prof. Indoo Pandey Khanduri (Internal Expert) Dept. of Philosophy, H.N.B.G. University. *Indoo Pandey Khanduri*
5. Dr. G.S.Thakur, In charge, Dept. of Yoga, H.N.B.G. University. *G.S.Thakur*
6. Dr. Chintaharan Betal (senior faculty) Dept. of Yoga, H.N.B.G. University. *Betal*



Minutes of BOS meeting approved. 21/12

Harish V

24.12.18