

**MINUTES OF THE MEETING OF BOARD OF STUDIES IN YOGA 24TH
MARCH 2015**

A meeting of the Board of Studies in Yoga was held in the Department of Yoga at 11:00A.M. on 24th March 2015 and the following members were present-

1. Prof. R.K. Shrivastav, Dean, faculty of Education H.N.B.G. University.
2. Dr. Indoo Pandey Khanduri, Dept. of Philosophy, H.N.B.G. University.
3. Dr. R.P.S. Negi, Dept. of History & Archaeology, H.N.B.G. University.
4. Dr. G.S. Thakur, In charge, Dept. of Yoga, H.N.B.G. University.

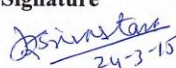
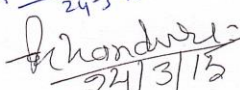

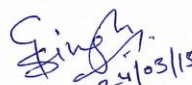
Minutes of the proceedings:

1. As the main focus of the course content is Yoga but not the Naturopathy, hence the department has decided to change the name of the department as **"Department of Yogic Science"** in place of "Department of Naturopathy and Yoga". The proposal was discussed, considered and accepted by the honourable members of meeting.
2. As the main focus of the course content is Yoga and Yoga Therapy, so that the department has decided to change the nomenclature of the M.A. Course as "M.A. in Yogic Science" in place of "M.A. in Yoga and Alternative Therapies". The proposal was discussed, considered and accepted by the honourable members of meeting.
3. Previously, the syllabus of certificate course in yoga was designed only for foreigner. But even a single certificate course has not been conducted so far for foreigners. Therefore, the department has redesigned this course as three months "Certificate Course in Yoga" open for all. The proposal was discussed, considered and accepted by the honourable members of meeting.
4. The department has decided to open the Yoga Camps for All e.g. both for Foreigner & Indian. This was once preserved only for Indian person. The proposal was discussed, considered and accepted by the honourable members of meeting.
5. As per the rule (15.d) of Choice Based Credit System (CBCS), the End Semester Examination will be of 2 hours duration which will carry the 60% of the total marks, so the syllabus of all papers of yoga courses (i.e. P.G. Diploma & M.A.) have been made up of Four Units. The proposal was discussed, considered and accepted by the honourable members of meeting.
6. The whole revised syllabus of all semesters of M.A. in Yogic Science (previously named as M.A. in Yoga & Alternative Therapies) will be presented to the honourable

6. members of the meeting for correction and confirmation. The proposal was discussed, considered and accepted by the honourable members of meeting.
7. In revised syllabus, Self Study Course has been removed from IInd & IVth semester and in IIIrd semester course the paper "Health & Society" is incorporated and all the Electives Papers of inter disciplinary nature i.e. 1. Tourism resources of India, 2. Principles and History of Physical Education, 3. Health and Society, 4. Business Communication, 5. Sports Training Officiating and Coaching, 6. Sociology of Environment were removed and in place of them, the papers related to Yoga are incorporated. They are 1. Yoga and Personality Development, 2. Yoga & Social Transformation, 3. Yoga in Ancient Literature, 4. Yoga & Drug De-addiction, 5. Yoga & Stress Management and 6. Yoga Ethics. The proposal was discussed, considered and accepted by the honourable members of meeting.
8. All the papers of M.A. course have given 3 credits. The proposal was discussed, considered and accepted by the honourable members of meeting.
9. As the choice base credit system is adopted in revised syllabus the codes of all courses have been changed. The proposal was discussed, considered and accepted by the honourable members of meeting.
10. The whole revised syllabus of P.G.Diploma in Yogic Science will be presented to the honourable members of the meeting for discussion, correction and confirmation in which the paper of IInd semester titled "Therapeutic application of Yoga" is removed and in place of it "Yoga & Allied Science-II" is incorporated. The proposal was discussed, considered and accepted by the honourable members of meeting.
11. In revised syllabus of P.G.Diploma in Yogic Science, all the electives papers of inter disciplinary nature i.e. 1. Tourism resources of India, 2. Principles and History of Physical Education, 3. Sociology of Environment was removed and in place of them, the papers related to Yogic themes are incorporated. They are 1. Yoga and Personality Development, 2. Yoga & Social Transformation and 3. Yoga Ethics. The proposal was discussed, considered and accepted by the honourable members of meeting.
12. Certificate course in Yoga will be of three Months Duration. The Department will conduct the both the theory (written) and practical examination. The senior teacher/In-charge/HOD of the department will be Course Coordinator and the University will provide the certificate only to the successes full candidates. The proposal was discussed, considered and accepted by the honourable members of meeting.

13. The course fee (including examination fee) of the Three Months Certificate Course will be Rs. 3000/- excluding lodging & boarding. The proposal was discussed, considered and accepted by the honourable members of meeting.
14. In revised Three Months Certificate Course, Two Theory Papers (in place of One Theory Paper) and One Practical Paper are incorporated. The proposal was discussed, considered and accepted by the honourable members of meeting.
15. The revised Syllabus of Three Months Certificate Course will be presented for discussion, consideration and finalization of its exact covering areas. The proposal was discussed, considered and accepted by the honourable members of meeting.
16. Syllabus of Yoga camps will be read for final confirmation. The proposal was discussed, considered and accepted by the honourable members of meeting.
17. The maximum age of the candidate for the admission in M.A. & P.G. Diploma courses will be 40 years. This was previously 35 years. The proposal was discussed, considered and accepted by the honourable members of meeting.

The meeting was concluded with a vote of thanks given by convenor.

Name	Signature
1. Prof. R.K. Shrivastav, Dean, faculty of Education H.N.B.G. University.	 24-3-15
2. Dr. Indu Pandey Khanduri, Dept. of Philosophy, H.N.B.G. University.	 24/3/15
3. Dr. R.P.S. Negi, Dept. of History & Archaeology, H.N.B.G. University.	
4. Dr. G.S. Thakur, In charge, Dept. of Yoga, H.N.B.G. University.	 24/03/15


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