FNo.M.11014/01/2022 -CDN Government of India Ministry of Education Department of Higher Education

229C-Wing, Shastri Bhawan, New Delhi Dated the 11th January, 2022

Subject: Surva Namaskar Programe to be organised by Ministry of Ayush on the occasion of Makar Sakranti as a part of 'Azadi ka Amrit Mahotsav' celebrations regarding

The undersigned is directed to refer to Ministry of Ayush's D.O No.M-16030/1/2022 YN dated 07.01.22 (copy enclosed) wherein it has been informed that on the occasion of Makar Sakranti, Ministry of Ayush is organising a large scale Surya Namaskar programme on 14.01.2021, involving around 75 lakh people as a part of 'Azadi ka Amrit Mahotsay' celebrations.

All Bureaus under DoHE are requested to direct the institutions under their 2. administrative control to participate in Surya Namaskar programme on 14.01.2022 by registering on the Yoga portals of Ministry of Ayush/Yoga Certification/75survanamaskar (Specific URLs for which will be shared and made available in public domain shortly by M/o Ayush).

Under Secretary (CDN)

Ph: 724

Encl: As above To

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वैद्य राजेश कोटेचा Vaidya Rajesh Kotecha सचिव भारत सरकार आयुष मंत्रालय आयुष भवन, 'बी' ब्लॉक, जी.पी.ओ. कॉम्प्लेक्स, आई.एन.ए, नई दिल्ली—110023

Secretary
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D.O. No. M-16030/1/2022 YN
7th January, 2022

Dear Shri K Sanjay Murthyji,

As you may be aware, on the occasion of Makar Sakranti, Ministry of Ayush is organising a large scale Surya Namaskar Programme involving around 75 lakh people as a part of 'Azadi ka Amrit Mahotsav' celebrations. These 75 lakh people will be encouraged to practice Surya Namaskar on 14.01.2022 observing Covid appropriate behaviour/online mode while staying at their homes.

Ministry of Ayush is coordinating with all the Ministries of Central Government, State Governments, various leading Yoga institutions, educational institutions, NCC, NSS, NYKs, sports organizations, etc., for making this a successful event.

To participate in the event, registration can be done on the Yoga portals of Ministry of Ayush/Yoga Certification Board/75suryanamaskar. Specific URLs for these will be shared and made available in public domain shortly.

Similarly training modules will be made available on the websites of Ministry of Ayush, MDNIY, Namaste Yoga App and will also be dissmeniated through social media handles of Ministry of Ayush, MDNIY and Autonomous Bodies.

I will be grateful for active support of Department of Higher Education in this initiatiave of Ministry of Ayush as a part of 'Azadi ka Amrit Mahotsav' celebrations.

An officer may be nominated to coordinate with Ministry of Ayush for this programme. Smt. Kavita Garg, Joint Secretary is Nodal Officer from the Ministry. Her mobile number is 9871411199.

With regards,

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Yours sincerely,

RAJESH KUMAR KOTECHA

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(Rajesh Kotecha)

Shri K Sanjay Murthy,

Secretary,

Department of Higher Education

Ministry of Education

127-C, Shastri Bhawan, New Delhi