


## Curriculum Vitae

<b>Full Name</b>	<b>Dr. REKHA NAITHANI</b>			
<b>Designation</b>	Professor			
<b>Department</b>	Home Science			
<b>Campus</b>	BGR Campus, Pauri			
<b>Address</b>	Department of Home Science H.N.B. Garhwal University BGR Campus, Pauri			
<b>Telephone</b>	01368-222275	Telefax		
<b>Mobile</b>	9997432286			
<b>Email</b>	rekhanait@rediffmail.com			
<b>Education Qualification</b>	Degree (Year), University		Division	
1. High School	UP Board ,1977		I <sup>st</sup> Division	
1. B.Sc. Home Science	GB Pant Uni. of Ag. & Technology, Pantnagar, 1982		I <sup>st</sup> Division	
2. M.Sc.(Foods & Nutrition) ,	GB Pant Uni. of Ag. & Technology, Pantnagar, 1985		I <sup>st</sup> Division	
3. Ph.D.(Home Science),	Uni. of Rajasthan, Jaipur, 2008			
<b>Teaching Experience</b>	34 Years	<b>Research Experience</b>	22 Years	
<b>Research Interest and Fields of Specialization- Foods and nutrition</b> 1. Community nutrition 2. Community health				
<b>Member of Academic Institutions</b>  1. Expert for Ph. D. Thesis evaluation of Banaras Hindu University, Kumaon University, Nainital, MJP Rohilkhand University, UP. 2. Paper setter of Sridev Suman University, CCS University , Meerut, MJP Rohilkhand University, UP. 3. Paper setter of Uttarakhand Education and examination Board, Uttarakhand 4. External examiner for home science practical exams of Kumaon University, Rohilkhand University , Meerut University, Uttarakhand Technical Uni. 5. Subject expert of BOS home science, Kumaon University, Sridev Suman University, Uttarakhand Technical University, Uttarakhand Open University. 6. Subject expert of Lok Sewa Aayog.				
<b>Membership of Scientific Organization</b> (I) Life Member, Nutrition Society of India (Reg No. 373/2000). (II) Life Member, Home Science Association of India (Reg No.111/2002). (III) Life Member, Society for Himalayan Action Research & Development (SHARAD) HNBGU Campus Pauri. (IV) Term Membership, IJPE, No-437(2015) (V) Life member ,Indian Dietetic Association (LM-850/2012)				

**Research Supervision (No of Ph.D. Degree Awarded)- 04**  
**Registered - 02**

### **Research Projects**

**1. Project of UGC-** Minor Project of UGC entitled” Study of Natural Dyes and Mordant used by the Tribes of Garhwal Uttarakhand”.

Total Cost= Rs 2,00,000/- (**Completed**)

**2. Project of UCOST** entitled "Educating Adolescent Girls and Young Women on Health and Hygiene Related Issues in District Pauri of Uttarakhand",

Total Cost = Rs 3,00,000/- (**Completed**)

### **Administrative Experience**

- (I) Working as Head Home Science Department from 1990 till date.
- (II) Convener, Board of studies Home Science HNB Garhwal University (1995 to till date)
- (III) Convener, RDC Home Science, HNG Garhwal University (2004 till date)
- (IV) Member, Executive Council, HNB. Garhwal University (Jan 04 to Jan 05).
- (V) Member, Art Faculty Board, HNB Garhwal University.
- (VI) Member, Hindi Rajbhasha Prakosth, HNB Garhwal University (2010)
- (VII) Member, Selection Committee Home Science
- (VIII) Member, Selection Committee Home Science (Guest Faculty) (2010, 2013, 2014)
- (IX) Member, Academic Council, HNB Garhwal University.
- (X) Worked as Proctor Pauri campus
- (XI) Worked as Programme Officer NSS, HNB Garhwal University Pauri Campus
- (XII) Worked as ADSW

### **Conference/Symposium/Workshop Attended :**

#### **International**

1. Presented a research paper entitled “ Food habits and Food Consumption Pattern of Women from Hindu and Muslim Families from Hills of Pauri Garhwal: A Study” in 2nd International Workshop on Micronutrient and Child health (MCHWS-2014) AIIMS, New Delhi, Nov 3-4<sup>th</sup>, 2014.

2. Attended World Congress for Man and Nature at Gurukul Kangri Vishwavidyalaya, Haridwar, 2011.

#### **National;**

1. Presented paper entitled” *A Study of Nutritional Status of Bhotia Tribe*” in National Seminar on The Himalayas: At The Cross- Roads of Environment and Development organized by Dept. of Geography, BGR Campus, HNBSGU, Pauri on 26-27<sup>th</sup> May, 2019.

2. Participated in One Day Workshop on Intellectual Property Rights Organized by UCOST and BGR Campus, HNBSGU, Pauri, 26<sup>th</sup> March 2019

3. Presented paper entitled "*Role of Nutraceuticals in Health and Disease: A Review*" in 1<sup>st</sup> Annual Conference of SHARAD on Recent Advances in Chemical and Nano Sciences organized by Dept. of Chemistry, BGR Campus HNBGU, 29-30<sup>th</sup> October, 2018.
4. Presented paper entitled "*Gender Inequality Continues to be Problem For Indian Women*" in National Seminar on Women Safety in 21 Century: Problems and Challenges organized by CL College Landhora, Roorkee, October 21<sup>st</sup>, 2018.
5. Participated in the National Workshop on Role of Open Educational Resources in Higher Education (ROERHE) organized by Faculty Development Centre, HNB Garhwal University, Srinagar from 15-17<sup>th</sup> Dec. 2017.
6. Presented paper entitled "*Use of Ayurveda and Yoga for Better Health: A Review*" in 86<sup>th</sup> Annual Conference of Society of Biological Chemists(SBC-2017) on Emerging Discoveries in Health and Agricultural Sciences organized by School of Life Sciences JNU, New Delhi from 16-19 Nov. 2017
7. Presented paper on "*Novel Foods*" in AMIFOST-2017: National Conference on Food Safety, Nutrition Security and Sustainability organized by Amity Institute of Food Technology, Amity University Campus, Noida, UP on 26<sup>th</sup> Sept. 2017.
8. Presented paper entitled "*Nutritional status of college going girls of Pauri, Uttarakhand: A study*" in 11<sup>th</sup> Science Congress of UCOST organized by Uttarakhand State Council of Science and Technology, Vigyan Dham, Jhajjara, Premnagar, Dehradun, 2-4<sup>th</sup> March, 2017.
9. Presented a research paper entitled "*Nutrition and Dietetics: A Healthy Choice*" in National Conference on Professional Possibilities of Home Science Studies in today's scenario organized by Department of home science, MMPG college of home science, Satikund, Haridwar, Feb 4<sup>th</sup> 2017.
10. Presented a research paper entitled "*Nutritional status of Elderly in Pauri City- A Study*" in National Seminar on Vision India: Empowering Youth, Methodist Girl's PG College & Susana Girl's B. Ed. College, Roorkee, Haridwar, March 18-19<sup>th</sup>, 2016.
11. Presented a research paper entitled "*Effect Adolescent Girls Awareness about Health and Hygiene Related Issues in Pauri District of in 10<sup>th</sup> Uttarakhand State Science & Technology Congress, at UCOST, Vigyan Dham, Dehradun, Uttarakhand. Feb.10-12<sup>th</sup>, 2016.*
- 12- Presented a research paper entitled "*Effect of Child Marriage on Nutritional Status of Women from Pauri Garhwal*" in 9<sup>th</sup> Uttarakhand State Science & Technology Congress, at UCOST, Vigyan Dham, Dehradun, Uttarakhand. Feb. 26-28<sup>th</sup>, 2015.
13. Presented paper in 8<sup>th</sup> Uttarakhand State Science and Technology Congress- 21-23 Nov. 2013. Doon University, Dehradun.
14. Presented paper in 7<sup>th</sup> Uttarakhand State Science and Technology Congress- Nov. 2012. Graphic Era University, Dehradun.
15. Paper presented in National level Conference on Empowerment of Women

In Uttarakhand, 2011. BSM College, Roorkee.

16. Participated in the two day capacity building programme for awareness on PC-PNDT ACT as Master Trainer, Project SHRINKHLA-2010, organized by MKP(PG) College Dehradun 23-24 Feb, 2010.

17. Attended National Seminar on Decentralized Governance, Regional Development and Women Empowerment, organized by SAP Department of Political Science and Women Studies Centre, HNB Garhwal University, Srinagar, Uttarakhand, 18-20 Feb, 2010.

## **Publications:**

### **Journals**


1. Functional Properties of Legumes for Cardio-vascular Diseases Management. Pooja Pandey and Rekha Naithani. International Journal of Research and Analytical Reviews (IJRAR), Volume 6, Issue 2, June 2019, pp 331-332. (E-ISSN 2348-1269, P-ISSN 2349-5138)
2. Non-communicable Diseases and Impact of Globalization. Pooja Pandey and Rekha Naithani. International Journal of Scientific Research, Volume 9, Issue II, November, 2020, pp1-2. ISSN No. 2277-8179.
3. Women Entrepreneurs of Uttarakhand: Challenges and Solutions- A Review. Apoorva Naithani, Ankita Pathak and Rekha Naithani. *Himalayan J of Soc Sci and Humanities*, Vol. 13, Dec. 2018, pp 1-6. ISSN: 0975-9891.
4. A Study on Knowledge and Practices Regarding Menstrual Hygiene Among Adolescent Girls in Pauri, Uttarakhand. Rekha Naithani. *Journal of Mountain Research*, Vol. 12, 2017, Pp 25-29. ISSN- 0974-3030
5. Healing Herbs in Diabetes. Ankita Pathak and Rekha Naithani. *Journal of Mountain Research*. Vol.11, 2016, pp73-78. ISSN: 0974- 3030.
6. Study the Effect of Socio-Economic status on Physical Development of Preschool Children of Garhwal Chaitali Thakur and Rekha Naithani. *Remarking: Multi-disciplinary International Journal*, Vol.2, Issue3, August 2015, pp 66-69. ISSN: 2394-0344, SJIF = 4.473
7. Study the Effects of Family Size on Physical Development of Preschool Children of Garhwal. Chaitali Thakur and Rekha Naithani. *Shrinkhala: A Multi-disciplinary International Journal*, Vol. II, Issue 12, August 2015, pp 34-38. ISSN: 2321- 290X, SJIF = 4.106
8. Mothers at Work: Effect on Personality Traits of School Going Children. Jyoti Tiwari and Rekha Naithani. *Samaj Vigyan Shodh Patrika*, Vol.II (Part-I)No XXIII, March 2014, pp 9-12. ISSN: 0973-7626
9. Seasonal variations in energy intakes of female farmers from hills of Pauri Garhwal. Naithani, Rekha and Gupta, Padmini. *Ind. J. of Nutrition and Dietetics*, 2013, Vol. 50, pp 279-284. (ISSN-0022-3174)
10. Determination of dyeing property of some medicinally important plant species of Uttarakhand Himalayas. Akhtar, Ruhi, Negi, J.S. and Naithani, Rekha. *Ind. J. of Traditional Knowledge*, 2012, Vol. 11(3), pp 528-531. (ISSN-0972-5938)
11. Anaemia in the elderly: A growing concern. Bakshi, Anuvita and Naithani, Rekha. *Indian Journal of Social sciences and Societies*, 2012, pp 25-27.
12. Demographic profile of elderly in India. Demographic profile of elderly in India. SHODH-BODH- A Biannual Research Journal, 2011, Vol. V, Issues 1-2, pp10-13. (ISSN-0974-0511)
13. Disagreements in parent-adolescent relationship: A comparison in middle class families and lower class families. Saxena, Ruchi, Srivastava, Nalini and Naithani, Rekha. *Stud.*

Home Com. Sci., 2011, 5(2), pp 99-104.(ISSN-0973-7189)

14. Impact of Parent Child Relationship on Scholastic Achievements of Adolescents. Tiwari, Jyoti and Naithani, Rekha. Ind. J. of Psychometry and Education, 2011, Vol. 42, No I. (0378-1003)
15. Loneliness and elderly. Bakshi, Anuvita and Naithani, Rekha. Ind. J. of Soc and Societies, 2011, Vol. 11, pp84-90. (ISSN-0974-7265)
16. Study on dyeing property of Rheum species: indigenous methods used by Bhotia tribe of Central Himalayas. Akhtar, Ruhi, Negi, J.S. and Naithani, Rekha . COLOURAGE, July 2011, pp 61-64. (ISSN-00101826)
17. Food Consumption Pattern of Female Farmers from Hills of Pauri Garhwal. Naithani, R. and Gupta, P. The Society: An International Interdisciplinary Journal, 2010, Vol 12, pp 1-16. (ISSN-81-895700)
18. Health status of rural farmer women of Pauri Garhwal. Naithani, Rekha. Anusandhitsu-Bilingual, 2011, Vol. 1, No-1, pp58-61. (ISSN-2249-4952)

**Books:**

1. Naithani, Rekha, Nutritional Status of Hill Farmer Women: University Book House, Jaipur, 2011. ISSN/ ISBN- 0378-103.

<b>Full Name</b>	Dr. JYOTI TIWARI		
<b>Designation</b>	Associate Professor		
<b>Department</b>	Home Science		
<b>Campus</b>	Srinagar Campus		
<b>Mobile</b>	9412948539		
<b>Email</b>	<a href="mailto:j.tiwari_7@yahoo.co.in">j.tiwari_7@yahoo.co.in</a>		
<b>Education Qualification</b>		Degree (Year), University	Division
High School		1985 U.P. Board	I Division
B.Sc.Home Science		1989 G.B. Pant University of Agriculture & Technology, Pantnagar	I division
M.Sc. H.Sc (Child Development)		1992 Banasthali Vidyapith (Rajasthan)	I division & Gold Medalist
NET Qualified		1993	
B.Ed.		1993 Kumaon University, Nainital	I division

M.Ed	1995 Kumaon University, Nainital		I division & I position
Ph.D	2003 Kumaon University, Nainital <i>“Study of Minimum Levels of Learning (MLLs) and Personality Traits of Primary School Children from Kumaon Hills in Relation to Socio-familial and Educational Co-ordinates”</i>		
Teaching Experience	Banasthali vidyapith, Raj.	Taught U.G. & P.G. classes for two consecutive sessions	From Aug 93-April 94 and from Sept.94-March 95
Date of Joining in H.N.B.G.U. Srinagar	20.04.1998		
Teaching Experience	22 Years	Research Experience	17Years
Research Guidance: D. Phil Awarded : 03 Registered: 02 & Guided many dissertations			
<b>Total Publications : 26</b>			
<b>Research Papers in Journals : 17</b>			
<b>Chapters in Books: 04</b>			
<b>Articles : 05</b>			
<b>Total Number of Publications: 26</b>			
<b>Participation in Seminars &amp; Conferences : 31</b>			
<b>Member of Academic Societies:</b> 1. Life Membership of Psycho-linguistic Association of India 2. Life Membership of Indian Journal of Psychometry and Education			
<b>Research Supervision (No. of Ph.D. Degree Awarded/ Registered)</b> <b><u>No. of Ph.D Awarded -03</u></b> 1. Health & Nutritional Status of Women of Kumaon Hills –Dr. Lata Pande 2. Development of literature for imparting Nutrition Education among Primary School Children of Joshimath block (Chamoli) and its impact evaluation, To Combat Malnutrition – Dr. Prabha Bisht			

3. Nutritional Profile of Primary School Children in Chamoli District of Uttarakhand  
– Dr.Medha

**Registered: 02**

1. Shikshit tatha Ashikshit Mahilaon ki Kishore Balikaon ke Mansik Swasthya avam Samayojan ka Tulnatmak Adhyayan: Bijnor Janpad Ke Sandarbh main- Surekha Kumari
2. Assessment of Knowledge, Attitude and Practices of Menstrual Hygiene among Adolescent Girls of Garhwal Region of Uttarakhand. –Manisha

**Academic and Administrative Responsibilities:**

1. Hostel Warden from 2007 to 2013
2. Head department of H.Sc.(Srinagar Campus) from 2005 to Jan 2017
3. Head department of H.Sc.(Srinagar Campus) from 20<sup>th</sup> Feb 2019 till date
3. N.S.S Program Officer 2005-2008
4. Co-coordinator of Women Studies Centre
5. Member of Proctorial Board since 11-04-2018 till date
6. Member of Academic Council
7. Member of Board of Studies
8. Member of Board of Studies in L.M.S. Govt. Post Graduate (Autonomous) College, Rishikesh, Uttarakhand from 2016-17
8. Convenor, M.A. Home Science Admission Committee
9. Counsellor at IGNOU
10. Subject Expert in Uttarakhand Public Service Commission, Haridwar
11. Member of selection committee of Guest Faculty
12. Subject Expert in Uttarakhand Subordinate Service Selection Commission
13. Paper Setter/Examiner of Kumaon University, G.B.Pant University, C.C.S. University Meerut

**Research Publications:**

1. **Moral values among adolescents belonging to joint and Nuclear Families”**  
**Jyoti Joshi & Leena J. Pooranchand**, Journal of Indian Education. Vol.19(4-5)  
Nov.1993- Jan 1994 NCERT
2. **Identity Statuses of Graduate female students in relation to Socio-familial and Educational factors”** **Jyoti Tiwari & J.K. Joshi**, Journal of Psychological Researches 1996 Vol. 40 (1-2) pp 44-47

3. **“Effect of Ego Identity Statuses on Religiosity of Graduate female students”**  
Jyoti Tiwari, Journal of Indian Education and Psychology. Vol. 55 (3-4) Oct 1997 to March 1997.
4. **“Temperamental differences among adolescents belonging to Joint and Nuclear Families”** Jyoti Tiwari, Indian Journal of Psychometry and Education. Jan 1997. Vol. 28 (1) pp 29-34.
5. **Religiosity as a correlate of Ego Identity of Adolescents from joint and Nuclear Families”** Jyoti Tiwari, Indian Journal of Psychometry and Education. Vol. 29 (1) Jan 1998.
6. **“Personality Traits of Visually Handicapped and Sighted Children: A Comparative Study”** Tiwari, J. & Sharma, N. Indian Journal of Psychometry and Education. 40 (1 & 2) 101-104, 2009.
7. **“Impact of Parent Child Relationship on Scholastic Achievement of Adolescents”** Tiwari, J. and Naithani, R. Indian Journal of Psychometry and Education. 42 (1) 23-25, 2011.
8. **“Gender differences in personality Traits”** Jyoti Tiwari and Prabha Bisht . Prachi Journal of Psycho- Cultural Dimensions. Vol.28 (2) 132-134. Oct 2012.
9. **“Marital Adjustment of Working and Non-Working Women- A Comparative Study”** Tiwari, J. and Bisht, P. Quest – The Journal of UGC-ASC Nainital. 6 (3) 504-508. 2012.
10. **Mothers at Work: Effect on Personality Traits of School Going Children”**  
Jyoti Tiwari & Rekha Naithani, Samaj Vigyan Shodh Patrika, Vol. 2 (Part-I) No. XXIII Oct. 2013 to March 2014.
11. **“Prevalence of Under-Nutrition among Primary School Children”** Tiwari, J. and Medha. Asian Journal of Home Science. 7 (2) 341-345. 2012.
12. **“Effects of Mother’s Education on Nutritional Status of Primary School Children”** Tiwari, J. Bisht, P. & Medha. Recent Educational & Psychological Researches. 4 (3) 37-39. 2015.
13. **A Study on the Impact of Nutrition Education on the Health and Nutrition Knowledge of Primary School Children of Garhwal Hills.** Prabha Bisht & Jyoti Tiwari, Recent Researches in Social Sciences & Humanities. 02 (03) 28-32. 2015
14. **Gender Differences in the Nutrient Intake of Primary School Children”**



Jyoti Tiwari, Prabha Bisht & Medha, Shrinkhala ek Shodhparak Vaicharik Patrika. Vol.4 (10) June 2017.

15. A study of association between family size and nutritional status of primary school children of Chamoli district” Jyoti Tiwari & Medha. Remarking an Analization. Vol.2 (4) July 2017.
16. Dietary habits of Primary School Children in Chamoli District of Uttarakhand Jyoti Tiwari & Medha, International Journal of Applied Social Science. Vol.6 (8) August, 2019, pp 2024-2035.
17. Shikshit tatha Ashikshit Mataon ki Kishor Balikaon Ke Mansik Swasthya ka tulnatmak Adhyayan: Janpad Bijnor ke vishesh sandharbh mein, Surekha Kumari & Jyoti Tiwari, Shrinkhala ek Shodhparak Vaicharik Patrika, Vol. 7 (9) May 2020, 28-32.

#### **Chapters in Books:**

1. **“Social and Economic Empowerment of Women in India”** Jyoti Tiwari, Women Empowerment in Garhwal Himalayas: Constraints and Prospects, Edited by Nautiyal, A. & Bourai, H. Kalpaz Publications. 2009. 51-59
2. **“The Changing Status and Role of Women in India”** Jyoti Tiwari in Decentralised Governance, Regional Development and Women Empowerment Edited by Nautiyal, A. & Bourai, H. Gyan Publishing House. 2013. 133-142.
3. **Socio-economic Wellbeing and Mental Health Profile of Rural Hill Women of Uttarakhand, India”** Lata Pande, Jyoti Tiwari & Chhavi Arya in “Societies, Social Inequalities and Marginalization”. Edited by Raghubir Chand, Etienne Nel & Stanko Pelc. **Springer**. 2017. 41-51
4. **“Health & Nutritional Status Assessment of Primary School Children of Rural Garhwal Hill in Uttarakhand”** Prabha Bisht & Jyoti Tiwari in “Environmental and Health Challenges of Uttarakhand” edited by Mahesha Nand, Priyanka Maiti and Subhash Chandra. Lambert Academic Publishing, 2017.99-115. ISBN 978-620-2-02641-3.

#### **Articles:**

1. **Leaf Protein Cocentrate: A potential micronutrient supplement.** Agrobios News Letter. Vol.VII,No.8 January 2009.
2. **Glycemic Index: Useful or Useless?** Jyoti Tiwari & Prabha Bisht, Agrobios News Letter, Vol VIII No.4 September 2009.

3. ***Understanding Food Labels*** Jyoti Tiwari & Prabha Bisht Agrobios News Letter. Vol IX (5) Oct 2010 pp 56-57.
4. ***Trans Fats: All We need to know*** Prabha Bisht & Jyoti Tiwari . Everyman's Science. Vol XLVII No. 2 June 12- July 12 pp 100-103
5. ***"Food Composition Tables- The Indian Journey"*** Prabha Bisht & Jyoti Tiwari .Quest, The Journal of UGC-HRDC Nainital Vol.11(3) December 2017.

**Papers Presented in National Seminars and Conferences:**

1. Participated in National Symposium on Role of Home Science in Rural Upliftment organized by Faculty of Home Science, Banasthali Vidyapith From 9-10 Jan 1994.
2. Presented a paper entitled Social Empowerment of Women in National Seminar on Women Empowerment in Garhwal Himalayas: Constraints and Prospects. 19-20 Nov.2007 organized by Deptt. Of Political Science, H.N.B. Garhwal University Srinagar
3. Presented a paper entitled A Study of Association between Personality Traits and Socio-familial and Educational Factors of Primary School Children in 3<sup>rd</sup> Uttarakhand State Science Congress 2008 at IIT Roorkee.
4. Participated in regional seminar on Intellectual Property and Innovation Management in Knowledge Era organized by UCOST and NRDC at Pauri. On 7<sup>th</sup> September 2009.
5. Presented a paper Food Laws and Regulations in National Seminar on Nutritional Strategies for Improving Quality of Life organized by Deptt. Of Food & Nutrition, G.B. Pant University of Ag. & Technology, Pantnagar from 11-12 September 2009.
6. Participated in workshop on Landslide in Uttarakhand organized by Deptt. of Geology, H.N.B. Garhwal University, Srinagar from 30<sup>th</sup> Oct to 2<sup>nd</sup> Nov. A2009.
7. Participated in National workshop on Potential of Biodiversity Rich Community Conservation areas in Uttarakhand from 24-25 November organized by TERI and Department of Forestry H.N.B.Garhwal University, Srinagar.
8. Presented a paper entitled "The Changing Role of Women in India" in National Seminar on Decentralized Governance, Regional Development and Women Empowerment organized by department of Political Science and Women Studies Centre, H.N.B. Garhwal University Srinagar from 18-20 February 2010.

9. Presented a paper entitled Female Foeticide in India in National Seminar on Gender Dimension in Development Planning on 6<sup>th</sup> March 2010 organized by Department of Adult Continuing Education & Extension H.N.B. Garhwal University Srinagar.
10. Participated in national workshop on Ecotourism Planning and Promotion in Uttarakhand organized by Centre for Mountain Tourism and Hospitality Studies, H.N.B. Garwal University, Srinagar from 22-23 March 2010.
11. Presented a paper “Tourism in Uttarakhand: Challenges and Opportunities” in National Conference on Science and Technology Applications in Tourism Sector focusing on Uttarakhand Opportunities from 27-28 September 2010 organized by Centre for Mountain Tourism and Hospitality Studies, H.N.B. Garwal University, Srinagar.
12. Presented a paper “Women Education For Advancement and Empowerment” in National Seminar on Women in Higher Education and Women Empowerment organized by S.B.D. Mahila Mahavidyalaya, Dhampur from 23-24 September 2011.
13. Presented a paper “Health and Nutritional Status of Women” in National Seminar on Empowerment of Rural Women in Uttarakhand: Status, Challenges and Solutions from 14-15 October 2011 organized by Department of Political Science, B.S.M. P.G. College, Roorkee, Uttarakhand.
14. Participated in workshop organized by Department of Adult continuing Education & Extension, H.N.B.G.U. Srinagar on Development of Literature on Environment Education from 23 to 25 November 2011.
15. Presented a paper “Empowering Women Through Education” in National Seminar on Mahila Sashaktikaran : Chetna ke Vividh Ayaam at Govt. Degree College, Behat (Saharanpur) U.P. on 11 Feb. 2012
16. Presented a paper entitled “Higher Education in India: Challenges and Prospects” in National Seminar on Critical & Contemporary Issues in Human Resource development on 19<sup>th</sup> February 2012 at Shivalik Institute of Education. Saharanpur, U.P.
17. Presented a paper entitled “Role of Women in Agriculture in Uttarakhand” in National Seminar on Growth Imbalances in the Regions of India and Issues of People’s Movements and Participation in Governance, at H.N.B. Garhwal

University, Srinagar (March, 17-18, 2012)

18. Presented a paper entitled "Concept of Human Rights and Role of Police Officers in Protection of Human Rights : In Modern Indian Context" in National Seminar on Role of Indian Police & Human Rights at B.S.M. P.G. College, Roorkee (6-7 November, 2012)
19. Presented a paper entitled "Spiritual Intelligence: Meaning & Importance" in National Seminar on Vision India- An Interdisciplinary Approach at M.L.& J.N.K. Girls College, Saharanpur, U.P.(26-27 February, 2013)
20. Presented a paper entitled "The Revival of Water Conservation under MNREGA, What Went Wrong?" in National Seminar on Rural Development Through MNREGA: New Challenges and Solutions at B.S.M.P.G. College Roorkee (04-05 October, 2013)
21. Presented a paper entitled "No Honor in Honor Killing" in National Seminar on Violence against Women: Current Challenges and Future Trends at B.S.M.P.G.College , Roorkee (19-20 December, 2014)
22. Participated in a Conference on Changing Perception of 21<sup>st</sup> Century Life and its impact on the Studies of Home Science and Commercial Activities organized by Home Science and Commerce Department, M.M.P.G. College Satikund, Kankhal, Haridwar.
23. Presented a paper entitled "Empowering youth through Skill development" in National Seminar on Vision India: Empowering Youth at Methodist Girls P.G. College , Roorkee (18-19 March, 2016)
24. Presented a paper entitled Higher Education in India: Emerging Trends and Challenges" in National Seminar on Role of Open University in Higher Education: Potentials and Prospects at Uttarakhand Open University (14<sup>th</sup> September 2016)
25. Presented a paper entitled "Empowerment of Women through MGNREGA" In National Seminar on Mgnrega Ke Dwara Gramin Vikas: Nai Chunotiyen aur Samadhan, 17 September 2016 organized by Department of Political Science, B.S.M.P.G. College , Roorkee.
26. Presented a paper entitled "Marriage System in Tharu Tribe of Uttarakhand" in National Seminar on Tribal Issues and Strategies for Empowerment at B.S.M.P.G. College Roorkee (21-22 October 2016).

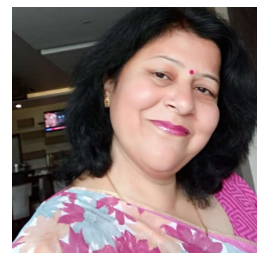
27. Presented a Paper entitled “Home Science: Challenges and Prospects” in National Conference on Professional Possibilities of Home Science Studies in Today’s Scenario at M.M.P.G. College , Satikund, Kankhal Haridwar( 7<sup>th</sup> Feb 2017)
28. Participated in the National Workshop on Popularisation of Remote Sensing Based Maps and Geospatial Information organized by Indian Society of Remote Sensing and ISRO on August 11, 2017.
29. Presented a paper entitled Socio-economic determinants of women Health and Nutrition in National Seminar on Women’s Health in India: Issues and Concerns organized by Department of Political Science, B.S.M.P.G. College Roorkee on 23-24 February 2018.
30. Presented a paper entitled “Safety of Women at Workplace” in National Seminar on Ikkiswian Sadi Mai Mahila Suraksha on 21 October 2018, organized by Department of Political Science and Home Science, Chaman Lal College, Landhaura, Roorkee(Haridwar).
31. Presented a paper entitled “Processed Food: Some Facts” in National Conference on Health Hazards of Junk food & Growing Popularity of Linen On 29 January 2019 at M.M.P.G. College , Satikund, Kankhal, Haridwar.

#### **Participation in Orientation Programme & Refresher Courses :**

1. Participated in **Orientation Programme** at Academic Staff College, University of Lucknow from Dec 01 2005 to Dec. 28, 2005.
2. Participated in Refresher Course in the Subject **Women Empowerment and Development** ( Inter-disciplinary) at U.G.C. Academic Staff College, Kumaon University ,Nainital from 20.05.2008 to 09.06.2008
3. Participated in Refresher Course in the Subject **Research Methodology**(Home Science) at U.G.C.- Academic Staff College, Kumaon University, Nainital from 1<sup>st</sup> June 2009 to 21<sup>st</sup> June 2009
4. Participated in Refresher Course in the Subject **Information Technology** at UGC-HRDC Guru Nanak Dev University Amritsar from 23<sup>rd</sup> June to 13<sup>th</sup> July 2016.
5. Participated in Faculty Development Program on MOOCS and MOODLE based Learning Management System From 15 June -22 June 2020 organized by Indira Gandhi University, Meerpur, Rewari (Haryana)

## CURRICULUM VITAE OF ANITA SATI

**Name** : DR.(SMT.) ANITA SATI  
**Present Position** : Assistant Professor (Home Science)  
D/o Home Science, HNB Garhwal University,  
Srinagar Campus  
**Educational Qualification** :



Exam Passed	Institution	Year	Division	Percentage	Subject
High School	U.P. Board	1985	I	63.33	Eng,Geog,Science Hindi, SST Home Science
Intermediate	U.P. Board	1987	I	68.06	Eng, Hindi, Geog, Music, Home Science
B.Sc. Home Science	Agra University	1990	I	60.37	Home Science
M. Sc Home Science	Devi Ahilya V.V Indore	1993	I	69.08	Home Science (Gold Medalist)
M.A. (Sociology)	HNB Garhwal University Srinagar	1995	I	66.80	Home Science (Gold Medalist)
Ph.D.	Devi Ahilya V.V Indore	2000	-	-	Home Science

**Ph.D.Topic** : Child Labour and Abuse of Child Rights (With Special reference to Urban Area of Garhwal District)

**Specialization** : Extension Education and  
Child Psychology

**Teaching Experience:** i. Adhoc- 10 years  
ii. Regular-13 years

**Subject Taught** : Food and Nutrition, Home Management, Child Development  
Clothing Textile and Nursery School

### Research Guidance

**Candidates awarded Ph. D.** : 02

1. Mrs. Sandhya Yadav, (2013) Enhancing Nutritional Value of Tomato Processed Product
2. Ms Monika Aswal (2014) Educational Achievement of Schedule Cast Children and its Correlates in District Haridwar of Uttarakhand State

**Candidates Registered for Ph. D.** :02

1. Mrs. Anamika Chauhan (2015) A Study of Right to Education in Haridwar District of Uttarakhand State
2. Community Participation and Empowerment in Management and Progress of Elementary Education: (A Case Study of School Management Committees of District Chamoli)

## Curriculum Vitae

<b>Full Name</b>	ARCHANA SHAH		
<b>Designation</b>	Associate Professor		
<b>Department</b>	Home Science		
<b>Campus</b>	S.R.T. Campus, Badshahi Thaul, Tehri		
<b>Address</b>	Department of Home Science H.N.B. Garhwal University S.R.T. Campus, Badshahi Thaul, Tehri Garhwal, Uttarakhand – 249199		
<b>Telephone</b>	254086	Telefax	
<b>Mobile</b>	9412312352		
<b>Email</b>	<a href="mailto:archana13shah@gmail.com">archana13shah@gmail.com</a>		



#### **Educational Qualifications:**

<b>Exam Passed</b>	<b>Board/University/ Institution</b>	<b>Year of Passing</b>	<b>Division</b>
High School	CBSE, Central School, Secunderabad	1981	II
Intermediate	CBSE, Central School, Delhi	1983	I
B. Sc. (Home Science)	Delhi University, Lady Irwin College, Delhi	1986	I
B. Ed. (Home Science)	Delhi University, Lady Irwin College, Delhi	1987	I
M.Sc. Home Science (Child Development)	Delhi University, Lady Irwin College, Delhi	1991	I
UGC-NET Eligibility for Lectureship	UGC	1991	-----
Ph.D	CCS University, Meerut M.L. & J.N.K. College, Saharanpur	2012	-----

<b>Degree</b>	<b>Title</b>	<b>Year of Award</b>	<b>University</b>
<b>D.Phil.</b>	Organization, Management and Impact of National Programme for Nutritional Support to Primary Education in Tehri District of Uttaranchal State	2012	CCS University, Meerut M.L. & J.N.K. College, Saharanpur

#### **Teaching Experience:**

Designation	Date of Joining	
	From	To
<b>Ad-hoc Lecturer (Govt. Mahila College, Haldwani, Uttarakhand)</b>	25.04.1997	22.04.1998
<b>Lecturer (HNB Garhwal University)</b>	25.04.1998	24.04.2004
<b>Lecturer (Senior Scale)</b>	25.04.2004	24.04.2009
<b>Associate Professor</b>	25.04.2009	15.10.2012

### Research, Publications and Academic Contributions:

Research Guidance	Total Number
Ph.D Registered	03
Dissertations (M.A.)	06
Papers Published	Total Number
Journals	17
Chapters in Edited Books	04
Conferences, Seminars and Workshops	Total Number
Paper Presented / Seminars/ Workshops Attended	43
Workshops Conducted	Total Number
Workshops Conducted	02

### Research Interest and Fields of Specialization:

1. Childhood Studies
2. Traditional Childbirth and Childcare Practices
3. Early Childhood Years

### Honours & Awards:

Awarded the **Appreciation Award** for the **Best Master Trainer** in district Tehri for Project SHRINKHALA 2010, on 'Awareness of PC-PNDT Act', State Level Advocacy Campaign against Sex-Selection and Pre-Birth Elimination of Females in collaboration with M.K.P (P.G.) College, Dehradun and the Department of Medical Health and Family Welfare, Uttarakhand, 9-10 March, 2010.

### Member of Academic Institutions

**Life Member** of the following associations:

- India Habitat Center, New Delhi
- All Indian Association For Educational Research
- Psycho-Linguistics Association of India
- Praachi Psycho-Cultural Research Association

### Administrative Experience:

- Member, Sports Council (2009 – 2010; 2016 – 2017; 2017 – 2018)



- Assistant Proctor (2010 – 2011, 2015 – 2016, 2016 – 2017)
- Member, Anti Ragging Committee (2011 – 2012)
- Assistant Warden, Girls Hostel (2012 – 2014)
- Head of Department of Home Science, HN BGU (15.12.2012 -14.02.2013)
- Member of Board of Studies in L.M.S. Govt. Post Graduate (Autonomous) College, Rishikesh, Uttarakhand from 2018 - 2020
- Member; Career Counselling and Placement Service (2012 – 2013, 2018 – 2019)
- Member Time-Table Constitution Committee (2013 – 2014, 2014 – 2015, 2015 – 2016, 2016 – 2017, 2017 – 2018)
- Member Hostel Committee (2013 – 2014 and 2013 – 2015)
- Member Anti-Ragging Squad (2014 – 2015), (2015 – 2016)
- Member, School Board for School of Sciences (2014 – 2015)
- Convener, 'Run for Unity' event carried out as part of National Unity Day celebrated on birth anniversary of Sardar Vallabh Bhai Patel on 31<sup>st</sup> October, 2014
- Member, Academic Council (2015 – 2016)
- Member, Women Cell (2015)
- Member, Executive Council of University (2018 – 2019)
- Assistant Dean Student Welfare (2018 – To Date)
- Member, Board of Studies in Home Science
- Member, Editorial Board of SRT Magazine
- Member, selection of campus team for different sports and athletic events
- Member of Board of Studies in L.M.S. Govt. Post Graduate (Autonomous) College, Rishikesh, Uttarakhand from 2016-17
- Convener, MA Home Science admission committee
- Member, BA I, BA II and BA III admission committee
- Member, Committee for student union elections
- Member, Committee for student Annual Sports
- Member, Committee for student union annual function

#### **Networking with Other Universities/Institutions:**

- Subject Expert for Interviews, Evaluation of Master's Dissertations, Question Paper Setting, External Examiner for Practical Examinations, Writing Units/Chapters in textbooks for distance learning programmes, Member Subject Expert in selection committee, Member Subject Expert in Board of Studies in Home Science:
- G. B Pant University of Agriculture and Technology, Pantnagar
- Uttarakhand Public Service Commission, Haridwar
- Uttarakhand Open University, Haldwani
- Uttarakhand Vidyalayee Shiksha Parishad, Ramnagar
- Sri Dev Suman University, Tehri Garhwal
- Chief Education Officer, Sahastradhara Road, Dehradun
- Pt. L.M. S. Government Post Graduate College, Rishikesh

#### **Conference/Symposium/Workshop Attended:**

##### **International**

1. International Seminar cum Annual Conference of All India Association for Educational Research on Quality Concerns in Education, Lucknow University, Lucknow, Uttar Pradesh, India, Dec 22-24, 2009.
2. 8<sup>th</sup> International and 12<sup>th</sup> National Conference of the All India Association of Teacher Educators on School Education Scenario in India: Emerging Challenges for Teacher Education, 15-16 October, 2011, New Delhi.

3. Presented a paper entitled "The Psychosocial Impact of Natural Disasters on Children" at the Third International Geo-Hazards Research Symposium (IGRS-2012), H.N.B. Garhwal University, Badshahi Thaul Campus, Tehri Garhwal, 10-14 June, 2012.

### **National**

1. Presented a paper at the National Conference on Teacher Education in Communication Age, the Advance Institute of Management at Ghaziabad, Uttar Pradesh, India, February 11-12, 2006.
2. Presented a paper at the National Seminar on Environmental Education: Nature and Nurture, Vardhaman College, Bijnor, Uttar Pradesh, India, February 26-27, 2006.
3. Presented a paper at the National Symposium on *Emerging Trends of Home Science in Changing Social Order*, Department of Home Science, M.M. (P.G.) College, Satikund, Kankhal, Hardwar, Uttarakhand, India, 4<sup>th</sup> February 2007.
4. Presented a paper at the 2<sup>nd</sup> Uttarakhand State Science Congress, Uttarakhand Academy of Administration, Nainital, Uttarakhand, India, 15-17 November 2007.
5. Presented a paper at the National Seminar on Women Empowerment in Garhwal Himalayas: Constraints and Prospects, SAP, Department of Political Science, H.N.B Garhwal University, Srinagar, Garhwal, Uttara Khand, India, November 19-20, 2007.
6. Presented a paper at the 10<sup>th</sup> Annual Conference of the All India Association of Teacher Educators, New Delhi, India, 28-29 December, 2009.
7. Presented a paper at the National Seminar of Decentralized Governance, Regional Development and Women Empowerment, 18-20 Feb 2010, HNB Garhwal University, Srinagar.
8. Presented a paper at the All India National Seminar on Child Labour: Some Emerging Issues, 28-29 October, 2010, RG (PG) College, Meerut.
9. Presented a paper at the UGC Sponsored National Seminar on Women in Higher Education and Women Empowerment, Saubhagyawati Bai Dani Mahila Mahavidyalaya, Dhampur (Bijnore), 23-24 September, 2011.
10. Presented a paper entitled "Perception of College Students towards Values" at the National Seminar on Revamping Indian System of Education, University of Lucknow, 4-5 February, 2012.
11. Presented a paper on "Community Radio: A Tool for Women Empowerment" at the National Seminar on महिला सशक्तिकरण: चेतना के विविध आयाम, Government Girls Degree College, Behat (Saharanpur), 11 February, 2012.
12. Presented a paper on "Human Resource Development of Uttarakhand" at the National Seminar on Critical and Contemporary Issues in Human Resource Development, Shivalik Institute of Education, Saharanpur, 19<sup>th</sup> February, 2012.
13. Attended a state level workshop on Traditional Knowledge Systems and its Various Dimensions, Government PG College, New Tehri, 19<sup>th</sup> March, 2012.
14. Presented a paper on "The Why and How of Teacher Education and ICT" at the National Seminar on Quality Assurance of Teacher Education: Initiatives and Mechanism, Modern Institute of Technology, Rishikesh, 21-22 April 2012.
15. Presented a paper entitled "Child Rights Perspective in Teacher

Education”, National Seminar on Qualitative Improvement in Teacher Education, Hari Institute of Technology, Randevi (Nakur), Saharanpur, 10 May, 2012.

16. Presented a paper entitled “Early Childhood Education and Revival of Traditional Indian Values” at the National Seminar on Impact of Western Culture on Indian Culture: Restoring Our Traditional Values, D.A.V. (P.G.) College, Dehradun, 14-15 July, 2012.
17. Presented a paper entitled “Saving the Girl Child: Creative Media to the Rescue” at the National Seminar on Status of Child Rights in Uttarakhand, D.A.V. (P.G.) College, Dehradun, 28-29 July, 2012.
18. Presented a research paper entitled “*Going Cellular: A Study of Mobile Usage Among Youth of Uttarakhand*” at the 7th Uttarakhand State Science and Technology Congress-2012 from 21-23 November, 2012 at Graphic Era University, Dehradun.
19. Attended a workshop on AIDS Awareness, H.N.B. Garhwal University, Badshahi Thaul Campus, Tehri Garhwal, 1<sup>st</sup> December, 2012.
20. Attended a workshop on AIDS Awareness, H.N.B. Garhwal University, Badshahi Thaul Campus, Tehri Garhwal, 2<sup>nd</sup> December, 2013.
21. Presented a research paper entitled “*Menstrual Perceptions and Practices of Adolescent Girls in Tehri District*” at the 8th Uttarakhand State Science and Technology Congress-2013 from 26-28 December, 2013 at Doon University, Dehradun.
22. Presented a research paper entitled “Folk Culture of Uttarakhand and Environment” at the AICTE sponsored National Seminar on “Economic Upgradation: Environmental Degradation”, at Omkaranada Institute of Management and Technology, Rishikesh, 24 – 25 January, 2014.
23. Presented a research paper entitled “Layman’s Perspective of Physics, Philosophy and Reality” at the National Symposium on “Mind, Matter and Mathematics: A Dialogue”, H.N.B. Garhwal University, Badshahi Thaul Campus, Tehri Garhwal, 12 – 14 March, 2014.
24. Presented a research paper entitled “*Gender and Natural Disasters*” at the National Seminar on Geo-Environmental Hazards and Neo-Tectonic Activities in Himalaya, 28–30 October, 2014, H.N.B. Garhwal, S.R.T. Campus, Badshahi Thaul, Tehri Garhwal, Uttarakhand.
25. Presented a research paper entitled “*Curriculum for Young Children: The Indian Indigenous Perspective*” at the National Seminar on Education Application for Nation Building, 25-26 March, 2015, M.L. & J.N.K. Girls College, Saharanpur, U.P.
26. Presented a research paper entitled “*Climate Change and Children*” at the VIIth National Conference on Society and Sustainable Development in Himalayan States: Perspectives, Problems & Prospects, 24–25 February, 2016, D.A.V. (P.G.) College, Dehradun, Uttarakhand
27. Presented a research paper entitled “*MNREGA in Uttarakhand*” at the *Rashtriya Sangoshti Manrega ke Dwara Grameen Vikas: Nai Chunaatiyan aur Samadhan*, 17 September, 2016, B.S.M.P.G. College, Roorkee, Uttarakhand.
28. Participated in the Department of Science and Technology, Government of India sponsored training workshop on “*Biodiversity Conservation*” conducted by Wildlife Institute of India, Dehradun from 19<sup>th</sup> – 23<sup>rd</sup> March, 2018.

#### **Participation in Orientation Programme & Refresher Courses :**

1. Participated in UGC-sponsored Orientation Course from 21<sup>st</sup> February to 22<sup>nd</sup> March, 2001 at Academic Staff College, Jamia Millia Islamia, New

<p>Delhi.</p> <ol style="list-style-type: none"> <li>2. Participated in UGC-sponsored Refresher Course from 11<sup>th</sup> November to 6<sup>th</sup> December, 2002 at Academic Staff College, Jawaharlal Nehru, University</li> <li>3. UGC Sponsored Refresher Course in Women Empowerment and Development, 2008, UGC – Academic Staff College, Kumaun University, Uttarakhand, India, 20<sup>th</sup> May – 09<sup>th</sup> June, 2008.</li> <li>4. Refresher Course, University of Delhi, September 24 to October 15, 2012</li> </ol>
<p><b>Conference/Symposium/Workshop Organized :</b></p> <ol style="list-style-type: none"> <li>1. As District Coordinator for Project SHRINKHALA 2010, conducted a District Advocacy Workshop for 100 youths from urban areas of district Tehri on ‘Awareness of PC-PNDT Act’, as a State Level Advocacy Campaign against Sex-Selection and Pre-Birth Elimination of Females in collaboration with M.K.P (P.G.) College, Dehradun and the Department of Medical Health and Family Welfare, Uttarakhand, 9-10 March, 2010.</li> <li>2. As District Coordinator for Project SHRINKHALA 2011, conducted two District Advocacy Workshops for 100 youths and 50 women and girls respectively, on ‘Awareness of PC-PNDT Act’ as a State Level Advocacy Campaign against Sex-Selection and Pre-Birth Elimination of Females in collaboration with M.K.P (P.G.) College, Dehradun and the Department of Medical Health and Family Welfare, Uttarakhand at S.R.T. Campus, Badshahi Thaul on 9<sup>th</sup> and 10<sup>th</sup> February 2011.</li> </ol>
<p><b>Invited Speaker or Presentation for Conferences or Symposia:</b></p> <ol style="list-style-type: none"> <li>1. Delivered a lecture as a Resource Person on “<i>Child Sex Ratio in Uttarakhand</i>” a district-level workshop on “Spreading Awareness Towards PC-PNDT Act in Uttarakhand” organized by Uttarkhand Jan Jagriti Sansthan at Bourari, New Tehri under Project Sankalp 2013 sponsored by Department of Medical Health and Family Welfare, Government of Uttarakhand, on 1 March, 2013.</li> <li>2. Delivered a lecture as Resource Person on “<i>Gender Sensitization in Schools and Classroom</i>” at a one week Capacity Building Programme for School Teachers organized by School of Education, HNB Garhwal University, SRT Campus, from 25<sup>th</sup> to 2<sup>nd</sup> March, 2019.</li> </ol>
<p><b>Publications:</b></p> <p><b>Journals:</b></p> <ol style="list-style-type: none"> <li>18. Value Education: Some Reflections. Maikhuri Rama and <b>Shah Archana</b>. <i>Experiments in Education</i>, Vol. XXXIII No.11, November 2005, pp 9-12.</li> <li>19. Environment Education for Children. <b>Shah Archana</b> and Maikhuri Rama. <i>Experiments in Education</i>, Vol.XXXIV No.6, June 2006, pp-19-23.</li> <li>20. Mid-Day Meal Scheme in Tehri Garhwal. <b>Shah Archana</b>. <i>Psycho Lingua</i>, Vol.36 No.1 January, 2006, pp 99-104.</li> <li>21. शिक्षा संस्थानों में राष्ट्रीय सेवा योजना और पर्यावरण जागरूकता अभियान. सुनिता गोदियाल एवं अर्चना शाह परिप्रेक्ष्य. वर्ष 13, अंक 3, दिसम्बर 2006, पृष्ठ सं. 105–112. <b>ISSN: 0972-7515</b></li> <li>22. An Analytical Study of District Board School Teachers’ Work-Values, Work-Involvement, Job Involvement and Job-Satisfaction. Godiyal Sunita, Padiyar Geetali and <b>Shah Archana</b>. <i>Research Journal of Philosophy and Social Sciences</i>, Vol.XXXIV 2008 Special Issue, pp 15-26.</li> <li>23. Study of Cognitive Development of Preschoolers in Uttarakhand. <b>Shah</b></li> </ol>

- Archana** and Godiyal Sunita. *GYAN – The Journal of Education*, Vol.4, No.2, Jan-June, 2008, pp 48-52.
24. "Prevalence of Undernutrition among Children in the Garhwal Himalayas", Anuradha Dutta, Pant Kiran, Puthia Rekha and **Sah Archana**, Food and Nutrition Bulletin, Vol.30, No.1, pp 77-82, March 2009. **Journal Impact Factor in 2009 = 1.588**
  25. "Balancing the Earth: A Tribute to Al Gore", Shah Mani Kant and **Shah Archana**, University News, Vol. 47 No. 38, 2009, pp 15-17, September 21-27.
  26. "ICT in the Early Years: Balancing the Risks and Benefits", **Shah Archana**, Journal of All India Association for Educational Research, Vol.21. No.2, pp 105 – 112, December 2009.
  27. "Computers in the Early Childhood Classroom", **Shah Archana** and Sunita Godiyal, NAVTIKA Journal of Early Childhood Care and Education, Vol.II, No.2, pp 15 – 20, May – July 2011.
  28. Book Review: Draft National Early Childhood Care and Education (ECCE) Policy, 2012. **Shah Archana**. NAVTIKA Journal of Early Childhood Care and Education, Vol.III, No. 2, pp 72 – 76, May – July 2012.
  29. **Shah Archana and Nisha Shukla** (2013): "Maternal Perceptions of Mid Day Meals in Primary Schools", International Transactions in Humanities and Social Sciences, Vol.5, No.2, July – December 2013, pp 98 – 102. **ISSN: 0975-3745 (Print) ISSN: 2231-4725 (Online).**
  30. **Shah Archana and Nisha Shukla** (2014): "Mid Day Meal Scheme in Primary Schools of Tehri Garhwal in Uttarakhand", Indian Journal of Social Research, Vol. 55, No. 4, July – August 2014, pp 621 – 629. **ISSN: 0019-5626.**
  31. **Shah Archana** (2014): "Madhyan Bhojan: School Meals from the Child's Perspective", Academia and Society, Vol. No. 1, Issue: 1, October 2014, pp 58 – 60. **ISSN (Print): 2393-9419 ISSN (Online): 2393-8919**
  32. **Shah Archana and Nisha Shukla** (2014): "From the Eyes of the Bhojan Matas: A Sociological Study of Mid Day Meal Scheme in the Himalayas", REYONO Journal of Interdisciplinary Studies, Vol. 3, Issue 2, 2014. **ISSN: 2277- 7652**
  33. **Shah, Archana** (2016): "The Power of Exploring through Play". NAVTIKA: Journal of Early Childhood Care and Education, Vol. VII, No.2 May – July 2016. **ISSN 2348 – 8824.**
  34. **Shah, Archana,& Nisha, Shukla** (2015): "Mid Day Meal Scheme in Primary School of Tehri Garhwal in Uttarakhand", IIMT, Education Review **VI No. 1** Aug. 2015 – July 2016. 54-60. **ISSN 2229-4902.**

#### **Chapters in Textbooks:**

1. "Female Foeticide and Status of Girl Child", **Shah Archana** and Mani Kant Shah. In: "Women Empowerment in Garhwal Himalayas: Constraints and Prospects", Ed. by Nautiyal Annpurna and Himanshu Bourai, pp 100-108, 2009
2. "Home Science Education (HSE) for Rural Women in Uttarakhand", **Shah Archana**. In: "Decentralized governance, regional development and women empowerment, Ed. by Nautiyal Annpurna and Himanshu Bourai, Gyan Publishing House, pp 115, 2013
3. **Shah Archana** (2015): "Natural Disasters and Children". In "Geo-Hazards: Recent Research", Ed by R.C Ramola and G.S Gusain, Narosa Publishing House, New Delhi (2015) pp. 171 – 176. **ISBN: 978-81-8487-396-2**

4. **Shah, Archana** (2017).Unit1: Principles of Child Development, Unit 3: Growth and Development and Unit 4: Care during Pregnancy, in: Textbook on Child Development (HSC-102) for Distance Learning Program, Uttarakhand Open University, Haldwani, 47p.  
**978-93-85740-50-3**


**Total Number of Research Publications: 21**

**Research Papers in Journals: 17**

**Chapters in Textbooks: 4**

**Participation in Seminars & Conferences : 28**

### Curriculum Vitae

<b>Full Name</b>	Laxmi Danosi Koundal		
<b>Designation</b>	Asstt. Professor		
<b>Department</b>	Home Science		
<b>Campus</b>	BGR Campus Pauri		
<b>Telephone</b>	-		
<b>Mobile</b>	9411536393		
<b>Email</b>	Laxmidanosi25@gmail.com		
 Insert Latest Photograph			
<b>Education Qualification</b>	MA ( 2000) AND NET (2003) HN BG University		
<b>Teaching Experience</b>	06.03.2007 Years	<b>Research Experience</b>	NO
<b>Areas of Interest/ Specialization (General Home Sc.)</b> 1. Resource Management.			
<b>Honours &amp; Awards</b> 1. 2. NO 3.			
<b>Member of Academic Institutions</b>			

<b>1.Home Science Association Of India.</b> <b>Membership no – 16/UA/K-1/LF</b> <b>2.Society for Himalayan action research and development(SHARAD)</b> <b>Life time member of society</b>
<b>Membership of Scientific Organization</b>  <p style="text-align: center;"><b>NO</b></p>
<b>Research Supervision (No. of Ph.D. Degree Awarded/ Registered)    NO</b>
<b>Research Projects/ MoU undertaken</b> <b>1. Title, Funding Agency, Total Cost, Completed/Ongoing</b> <p style="text-align: center;"><b>NO</b></p>
<b>Administrative Experience</b> <b>1.Girls Hostel Warden ( 2012 to till date )</b> <b>2.Member of Anti Ragging Squad</b> <b>3 .Member of admission committee.</b> <b>4. Member of permanent cell for combating sexual harassment and violence women.</b> <b>5. Member of right off unused items committee.</b> <b>6. Member of proctorial board till date</b> <b>7. Incharge HOD of sociology department (2018 to till date)</b> <b>8. Incharge HOD of Hindi Department (2019 to till date)</b>
<b>Scientific Visits Abroad/International Collaboration</b>  <p style="text-align: center;"><b>NO</b></p>
<b>Conference/Symposium/Workshop Attended during last five years (2012-2020).</b>  <b>International</b>  <p style="text-align: center;"><b>Attended/Presented Paper/Invited Talk/Keynote Address/Session Chair, Title of event, place, date,year</b></p> <ol style="list-style-type: none"> <li> <b>1. Paper Presented- Parwatiy Rajyo Me Aapda Parbandhan.</b>  <b>Title of seminar – Conflict Management,Peace Economics And Peace Science</b>  <b>Date – 18-19 December 2012</b>  <b>Place of seminar- MGK Vidyapith Varanasi (UP).</b>  <b>Organized By M.G International centre for Conflict Prevention and Management</b> </li> <li> <b>2. Paper Presented – Use of ITC In Various Subject.</b>  <b>Title of seminar – Role Of E-Learning In Quality Education</b> </li> </ol>

**Date – 22-23 February, 2015**

**Place of seminar – RHG PG College, kashipur , USNagar (UK)**

**Sponsored By Deptt.Of Higher Education, Goverment of Uttarakhand.**

#### **National**

**1. Attended**

**Title of seminar – uchch shiksh or mukt vishwvidyaly ki sambhavnaye.**

**Date – 22-23 December, 2014**

**Place of seminar – HNB Garhwal University PAURI (UK)**

**Sponsored By Uttarakhand Open University (Haldwani,Nainital)**

**2- Paper Presented- Role Of Information Communication & Technology In the Development of Quality Education**

**Title of seminar – National and Regional Perspectives For Quality Teacher Education : Ways And Means.**

**Date – 07-08 February 2015**

**Place of seminar- Dr.PDBH Goverment PG College Kotdwar (UK)**

**Sponsored By UGC And UCOST**

**3. Paper Presented - Vikas Avam Paryawardiya Chunotiya**

**Title of seminar – Development And Ecological Challenges: A Need For Paradigm Shift.**

**Date – 21-22 March, 2015**

**Place of seminar- Dr.PDBH Goverment PG College Kotdwar (UK)**

**Sponsored By UGC And UCOST**

**4. Paper Presented- Role of information ,communication & technology of development of quality education.**

**Title of Seminar- National & Reginal Perspectives for quality teacher education**

**Date - 7-8 Feb 2015**

**Place of Seminar- P.D.B.H Govt.PG College & UCOST**

**5. Paper Presented- Importance of Home Science in Rural Development**

**Title of Seminar- Make in India :Strategies for Sustainable growth and development**

**Date - 8-9 Jan 2016**

**Place of Seminar- IMS Unison University. Dehradun**

**6. Paper Presented – Personal And Financial Problems are Barriers in Persuing Professional Education,Challanges And Remedies**

**Title of seminar – Professionalization of education: Problem & Opportunitie In india**



**Date – 24-25 March, 2015**

**Place of seminar- Dr.PDBH Goverment PG College Kotdwar (UK)**

- 7. Paper Presented- Changes in the role of institution like family.  
marriage and inheritance**

**Title of Seminar - Tribal Issues and Strategies for Empowerment**

**Date - 22 Oct 2016**

**Place of Seminar - BSM PG College ROORKEE,**

- 8. Paper Presented - Health. Hygiene and nutrition of women (Malnutrition)**

**Title of Seminar - Women's Health in India: Issues and Concerns**

**Date - 23-24 Feb 2018**

**Place of Seminar- BSM PG College ROORKEE**

- 9. Paper Presented- Low Enrolment in Govt.School of Uttarakhand**

**Title of Seminar- Decreasing Strength of Students in Govt.School  
(Causes and Remedies)**

**Date - 19 May 2018**

**Place of Seminar- BGR Campus Mathematics Department**

- 10. Paper Presented- Nano Technology and Nano materials in textiles**

**Title of Seminar- Recent Advances in chemical and Nano Science**

**Date - 29-30 Oct 2018**

**Place of Seminar- BGR Campus Chemistry Department**

- 11. Paper Presented- Nutrition and Health**

**Title of Seminar - Health Hazards of Junk Food & Growing popularity of linen**

**Date - 29 January 2019**

**Place of Seminar- MM PG College Satikund, Haridwar**

- 12. Paper Presented- Participated**

**Title of Workshop- Intellectual Property Right**

**Date - 26 March 2019**

**Place of Workshop- BGR Campus**

**Conference/Symposium/Workshop Organized during last five years (2012-2017)**

**1. Chairman/Convener/Organizing Secretary, Title of event, place, date, year**

**2. NO**

**3.**

**Best Peer-Reviewed Publications 2009 onwards (up to 05)**

## **Journals**

**35. Title of Paper, All Authors (Surname First), Name of Journal, Volume No, Page Nos, Year of publication (Impact Factor**

1. **Title of Paper-** ग्लोबल वार्मिंग के कारण एवं प्रभाव  
**Name of journal –** The Public :Problem and Solution (international Refereed & Peer- Reviewed Research Journal, Vol.4 No.3 , Pg no.42-44  
**Year of publication-**2015, ISSN: 2320-4540  
**Author –** Laxmi Danosi Koundal
2. **Title of Paper-** Solid Waste Disposal  
**Name of Journal-** Adhikar: ( An international Refereed & Peer- Reviewed Research Journal, Vol.6 No.6 , Pg No.45-47  
**Year of Publication –** 2016 , ISSN: 2231- 2552  
**Author –** Laxmi Danosi Koundal
3. **Title of Paper-** विकास एवं पर्यावरणीय चुनौतियों :प्रतिमान परिवर्तन की आवश्यकता  
**Name of Journal-** International Research & Reviews (International Refereed & Peer- Reviewed Research Journal, Vol.5 No.1 , Pg No.40-43  
**Year of Publication –** 2016 , ISSN: 2319 - 2016  
**Author –** Laxmi Danosi Koundal
4. **Title of Paper-** पर्वतीयों राज्यों में आपदा प्रबंधन  
**Name of Journal-** International Research & Reviews II (International Refereed & Peer- Reviewed Research Journal, Vol.6 No.2 , Pg No.37-40  
**Year of Publication –** 2017 , ISSN: 2319 - 3204  
**Author –** Laxmi Danosi Koundal
5. **Title of Paper-** जनजातियों की समस्यायें , विकास की चुनौतियाँ एवं समाधान  
**Name of Journal-** 15 Days (An International Refereed & Peer- Reviewed Research Journal, Vol.1 No.2 , Pg No.48-51  
**Year of Publication –** 2017 , ISSN: 2249-605X  
**Author –** Laxmi Danosi Koundal

## **Proceedings**

1. **Title of Paper, All Authors (Surname First), Name of Conference, Date & Year- NO**

## **Books**

**Authors, Title of book, Publisher, year**

1. **Title of Book –** Issues in Higher Education.(Dr. Neeraj Kumar Shukla)  
**Title of chapter-** विभिन्न विषयों में सूचना एवं संचार तकनीकी का प्रयोग –

**Laxmi Danosi Koundal**

**Year of Publication- 2016 , page no. 393-400, ISBN-81-8428-012-2**

**Publisher- Durga Pocket Books ,Meerut - 2**

**Total Number of Research Publications: 05**